

Barley has played an important role in promoting the health of ancient Babylonian and Egyptian civilizations and of human migration from Africa to Asia, later to Eurasia. Barley grass juice is the juice from the young grasses of the humble barley plant *Hordeum vulgare*. It is a wonderful source of chlorophyll and one of the best functional foods for cellular nutrition and detoxification support.*

Suggested Use: Mix 1/2 teaspoon in water, vegetable juice, smoothie, food such as guacamole, or as advised by a qualified health care professional.



TruGanic
Sourcing



Eco
Facility



Vegan
Ethics



Lab
Verified



Ecofresh™
Packaging

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Curious to know more?
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information.

HEALTHFORCE SUPERFOODS®

BARLEY GRASS JUICE



Chlorophyll • Detoxifier • Energizer*



Net Wt 8 oz (227g)

Nutrition Facts

164 servings per container
Serving size 1/2 tsp (1.38g)

Amount per serving
Calories 5

	% Daily Value
Total Fat 0g	0%
Sodium 25mg	<1%
Total Carbohydrate <1g	<1%
Protein <1g	
Vitamin A (beta-carotene) 100mcg	12%
Vitamin K 31 mcg	25%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron, and potassium.

Ingredient: Barley** Grass Juice∞
(*Hordeum vulgare*)
∞Organic ∞TruGanic™ Grown in USA

** The barley has been processed to allow this food to meet the Food and Drug Administration (FDA) requirements for gluten-free foods.