

Supports heart, brain, and skin health.\* Premium quality omega-3 for the maintenance of good health.\*

**Directions:**

Shake well before each use. Adults take 1 teaspoon (tsp) (5 mL) daily with food.

**Caution:** If you are pregnant, nursing, taking blood-thinning medications, facing surgery, or taking any medications, consult a healthcare professional before use.

**Keep out of reach of children.** Safety sealed with outer shrink-band. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight. Refrigerate after opening and consume within 100 days.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Just one  
teaspoon a day

**Clean, Light Taste**

No fishy burp back

**Easy to Absorb**

Premium quality liquid form

**Guaranteed Pure**

View test results online  
at [purecheck.net](http://purecheck.net)

**Pure**  <sup>TM</sup>  
Check for yourself.



**Nature's  
Way**

Ultra Pure  
**Omega3**



**FISH OIL  
SUPPLEMENT  
8 FL OZ  
(235 mL)**

**1250 mg  
EPA/DHA  
per teaspoon**  
Grapefruit-Tangerine Flavored

## Supplement Facts

Serving Size 1 teaspoon (tsp) (5 mL)  
Servings per Container 47

| Amount per Serving          | % DV   |     |
|-----------------------------|--------|-----|
| Calories                    | 40     |     |
| Total Fat                   | 4.5 g  | 6%† |
| Saturated Fat               | 1 g    | 5%† |
| Trans Fat                   | 0 g    | **  |
| Polyunsaturated Fat         | 2 g    | **  |
| Monounsaturated Fat         | 1 g    | **  |
| Cholesterol                 | 30 mg  | 10% |
| Fish Oil                    | 4.6 g  | **  |
| Total EPA/DHA               | 1.25 g | **  |
| Eicosapentaenoic Acid (EPA) | 750 mg | **  |
| Docosahexaenoic Acid (DHA)  | 500 mg | **  |

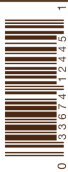
†Percent Daily Values (DV) are based on a 2,000 calorie diet. \*\*Daily Value not established.

Other ingredients: natural flavors, preservatives to maintain freshness (mixed tocopherols, green tea extract), luo han guo fruit extract

Contains fish (anchovy, sardine, mackerel, herring).

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54311 USA

**Questions?**  
1-800-9NATURE /  
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