

Directions:

Shake well before each use.

Adults 18 years and older take 1 teaspoon (tsp) daily.

Caution: If you are pregnant, nursing, taking blood thinning medications, facing surgery, or taking any medications, consult a healthcare professional before use.**Keep out of reach of children.**

Safety sealed with outer shrink-band. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight. Refrigerate after opening and consume within 100 days.

Let's Grow TogetherFind out more at naturesway.com

†As compared to NutraVege® Omega-3 Plant 500 mg Strawberry Orange Flavored

Omega-3 without the fish

Plant sourced formula

Provides a minimum of 300 mg EPA & 600 mg DHA per teaspoon

Clean, Light Taste

Great tasting and vegetarian friendly!

Guaranteed PureView test results online at purecheck.net**Pure**™
Check for yourself.

NutraVege®

Plant-Based Omega-3

Extra Strength†**1000mg
Omega-3**
per teaspoon**6.8 FL OZ (200 mL) Algal Oil Supplement**

Cranberry Orange Flavored



Supplement Facts

Serving Size 1 teaspoon (tsp) (5 mL)

Servings per Container 40

Amount per Serving	% DV	
Calories	40	
Total Fat	4.5 g	6%†
Saturated Fat	1 g	5%†
Trans Fat	0 g	**
Polyunsaturated Fat	1.5 g	**
Monounsaturated Fat	2 g	**
Cholesterol	0 mg	0%
Algal Oil (<i>Schizochytrium</i> spp.)	2 g	**
Omega-3 Fatty Acids	1 g	**
Docosahexaenoic Acid (DHA)	600 mg	**
Eicosapentaenoic Acid (EPA)	300 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: sunflower oil, natural flavors, preservatives to maintain freshness (rosemary extract, green tea extract, mixed tocopherols, ascorbyl palmitate), luo han guo fruit extract
Product of Canada.

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