

A Good Day Starts with a Good Night. Manage the stresses of the day to help get the restful sleep you need to function at your best.* Sleep Tonight™ is designed to support adrenal health for balanced cortisol levels, and promote a healthy stress response to support restful sleep.* This melatonin-free supplement is formulated with a stress-reducing proprietary blend of Sensoril® brand ashwagandha and Suntheanine® L-theanine.*

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight. Sensoril® is a registered trademark of Natreon, Inc., and is protected under U.S. Patent No. 7,318,938. Suntheanine® is a registered trademark of Taiyo International, Inc.

GLUTEN FREE. No yeast-derived ingredients, wheat, or dairy.

Nature's Way

Sleep tonight™

STRESS-REDUCING FORMULA*

Dietary Supplement 28 TABLETS

Recommendation: Adults take 1 tablet before bedtime, or as recommended by a healthcare professional. For night use. **Warning:** Do not use if you are pregnant. If you are nursing, diabetic, or taking any medications, consult a healthcare professional before use.

Supplement Facts		
Serving Size 1 Tablet		
Amount per Serving		% DV
Total Carbohydrate	<1g	<1%
Stress-Reducing Proprietary Blend: ashwagandha (Sensoril® brand) root and leaf extract	250 mg	**
L-Theanine (Suntheanine®)		
Cortisol-Reducing Proprietary Blend: magnolia bark extract standardized to 2% honokiol (3 mg) and 1% magnolol (1.5 mg), epimedium aerial parts extract	225 mg	**
Phosphatidylserine (from soybean lecithin)	50 mg	**
Percent Daily Values (DV) are based on a 2,000 calorie diet.		
*Other ingredients: cellulose, sodium croscarmellose, hypromellose, stearic acid, calcium silicate, magnesium stearate, silica, titanium dioxide color, glycerin		
Contains soy.		



LBX00458.C03 BLK45C

©2022 Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Questions? 1-800-NATURE / natureway.com



Sleep tonight™

This formula helps reduce stress for a better night's rest.*

When you're stressed, it can impact other areas of your life, too. Sleep Tonight is formulated to balance stress hormones like cortisol, and promote relaxation to support restful sleep.* With ongoing use, stress-reducing ashwagandha supports a healthy endocrine response to mind and body stress.*

Greet tomorrow refreshed and ready to take on the day.



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

A Good Day Starts with a Good Night.

Manage the stresses of the day to help get the restful sleep you need to function at your best.* Sleep Tonight™ is designed to support adrenal health for balanced cortisol levels, and promote a healthy stress response to support restful sleep.* This melatonin-free supplement is formulated with a stress-reducing proprietary blend of Sensoril® brand ashwagandha and Suntheanine® L-theanine.*



Sleep tonight™

STRESS-REDUCING FORMULA*

Reduces stress to help promote restful sleep*

Dietary Supplement 28 TABLETS

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Recommendation: Adults take 1 tablet before bedtime, or as recommended by a healthcare professional. For night use.

Warning: Do not use if you are pregnant. If you are nursing, diabetic, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet	
Amount per Serving	% DV
Total Carbohydrate	<1g <1%
Stress-Reducing Proprietary Blend: ashwagandha (Sensoril® brand) root and leaf extract, L-Theanine (Suntheanine®)	250 mg **
Cortisol-Reducing Proprietary Blend: magnolia bark extract standardized to 2% honokiol (3 mg) and 1% magnolol (1.5 mg), epimedium aerial parts extract	225 mg **
Phosphatidylserine (from soybean lecithin)	50 mg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: cellulose, sodium croscarmellose, hypromellose, stearic acid, calcium silicate, magnesium stearate, silica, titanium dioxide color, glycerin

Contains soy.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Sensoril® is a registered trademark of Natreon, Inc., and is protected under U.S. Patent No. 7,318,938. Suntheanine® is a registered trademark of Taiyo International, Inc.

GLUTEN FREE. No yeast-derived ingredients, wheat, or dairy.

©2022 Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Questions? 1-800-NATURE / natureway.com