

RECOMMENDATION:

Dosage cup included.
Shake well before each use.

For Daily Maintenance:

Adults: Take 2 teaspoons (10 mL) daily.
Children Ages 7 and older: Take 1 teaspoon (5 mL) daily.

For Intensive Use:

Adults: Take 2 teaspoons (10 mL) four times daily.
Children Ages 7 and older: Take 1 teaspoon (5 mL) three times daily.

Not formulated for children under 7 years of age. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

- Gluten Free
- Vegan

CONTAINS NO:

Gluten, Dairy, Peanut, or Artificial Colors

◆ L615332, E02 BL47602E

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Green Bay, WI 54311 USA

Questions? 1-800-9NATURE /
naturesway.com



THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Nature's Way
sambucus®
ELDERBERRY

TRADITIONAL
IMMUNE SUPPORT*

ORIGINAL SYRUP

MADE FROM 6,400 mg of
ELDERBERRIES PER 2 TSP SERVING

DIETARY SUPPLEMENT

8 FL OZ (240 mL)



Supplement Facts

Serving Size	1 teaspoon (5 mL)	2 teaspoons (10 mL)
Servings per Container	48	24
Amount per Serving	Age 7+ % DV	Adults % DV
Calories	15	30
Total Carbohydrate	4 g 1%*	7 g 3%*
Total Sugars	3 g **	6 g **
Includes Added Sugars	3 g 6%*	6 g 12%*
Black Elder (Sambucus nigra L.) Extract (berry standardized to anthocyanins from 3,200 mg of premium cultured elderberries per teaspoon)	50 mg **	100 mg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: fructose, purified water, glycerin, malic acid, natural flavor, potassium sorbate (preservative to maintain freshness).

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.



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ABOUT BLACK ELDERBERRY

For centuries European black elderberries (*Sambucus nigra* L.) have been traditionally used for immune support during the winter months.* You can take elderberry extract daily for year-round traditional immune support.*

PREMIUM ELDERBERRIES

Our highly concentrated (64x) black elderberry extract is made from 3,200 mg of elderberries per teaspoon. Our black elderberry extract is standardized to anthocyanins, which provide antioxidant support.*

SUPERIOR QUALITY

Each elderberry is 100% hand-picked and harvested at just the right time. Berries are carefully inspected for quality and frozen on the same day they're picked to preserve them at their peak. We never use artificial colors — the proof is in the berry!

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