

RECOMMENDATION:
Dosage cup included.

Shake well before each use.

Adults: Take 2 teaspoons (tsp) (10 mL) 30-60 minutes before bedtime. Not formulated for children. Take only as directed. Do not exceed recommended dose.

Warning: Do not use if you are pregnant, attempting to become pregnant, nursing, or if you have or are being treated for depression or dementia. If you are being treated for diabetes, autoimmune, endocrine, blood clotting, or seizure disorders, or if you are taking any medications, consult a healthcare professional before use. This product may cause drowsiness, do not drive or operate machinery while taking this product. Avoid alcohol and other sedatives while taking this product. If you are experiencing long-term sleep difficulties, consult a healthcare professional.

Gluten Free • Vegan

◆ LG10532.02 BL88662

CONTAINS NO:Gluten, Dairy, Peanut,
or Artificial Colors©2022 Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Questions? 1-800-NATURE / naturasway.com

PHASE EXTRACTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

sambucus®
ELDERBERRYTRADITIONAL
IMMUNE SUPPORT***NIGHTTIME SYRUP**
with melatoninMADE FROM 6,400 MG OF
ELDERBERRIES PER 2 TSP SERVING
MELATONIN FOR OCCASIONAL SLEEPLESSNESS*DIETARY SUPPLEMENT
4 FL OZ (120 mL)**Supplement Facts**

Serving Size 2 teaspoons (tsp) (10 mL)

Servings per Container 12

Amount per Serving	% DV
Calories	25
Total Carbohydrate	8 g 3%*
Black Elder (Sambucus nigra L.)	100 mg **
Extract (berry) standardized to anthocyanins from 6,400 mg of premium culture elderberries	
Herbal Extract Blend	75 mg **
Lemon balm Extract (leaf), Passionflower Extract (aerial parts)	
Melatonin	1.5 mg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: sorbitol, glycerin, purified water, malic acid, natural flavors

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

LGN10532.02

BL88662

sambucus®
OUR STANDARDIZED
ELDERBERRY EXTRACT IS:

- Gluten Free
- Vegan

**CONTAINS NO:**
Gluten, Dairy, Peanut,
or Artificial Colors**ABOUT
BLACK ELDERBERRY**

For centuries European black elderberries (Sambucus nigra L.) have been traditionally used for immune support during the winter months.*

**SUPPORTS SLEEP
& RELAXATION***

Our nighttime formula contains melatonin to help you fall asleep faster, and promotes restful sleep.*

Our herbal extract blend of lemon balm and passionflower has been traditionally used to promote relaxation.*

**PREMIUM
ELDERBERRIES**

Our highly concentrated (64x) black elderberry extract is made from 3,200 mg of elderberries per teaspoon. Our black elderberry extract is standardized to anthocyanins, which provide antioxidant support.*

SUPERIOR QUALITY

Each elderberry is 100% hand-picked and harvested at just the right time. Berries are carefully inspected for quality and frozen on the same day they're picked to preserve them at their peak. We never use artificial colors – the proof is in the berry!

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WITH LEMON BALM & PASSIONFLOWER

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