

MADE WITH
WHOLE FOOD
NUTRIENTS



ANCIENT
NUTRITION

Women's Fermented Multi



VEGAN[†]



REAL[†]
FOOD



OPTIMIZED FOR[†]
ABSORPTION

Dr. Axe
FORMULA

Suggested Use: Adults take 2 capsules per day.

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Vitamin A* (as beta-carotene)	1,447.2 mcg	161%
Vitamin C (from Lipid Metabolite Ascorbate)	236 mg	262%
Vitamin D* (as cholecalciferol)	48.9 mcg	244%
Vitamin E (as d-alpha tocopherol succinate)	23.6 mg	157%
Vitamin K (as menaquinone-7)	86.4 mcg	72%
Thiamin*	5.9 mg	495%
Riboflavin (as riboflavin-5 phosphate)	6.5 mg	500%
Niacin (as niacinamide*)	14.4 mg	90%
Vitamin B6 (as pyridoxal-5 phosphate)	23.7 mg	1391%
Folate (as (6S)-5-Methyltetrahydrofolate, calcium salt)	892.3 mcg DFE	223%
Vitamin B12 (as methylcobalamin)	9.4 mcg	391%
Biotin*	281.3 mcg	938%
Pantothenic acid*	12.9 mg	257%
Calcium (from Lithothamnion spp.)	44.1 mg	3%
Iron**	18 mg	100%
Iodine**	159.5 mcg	106%
Magnesium**	24 mg	6%
Zinc**	10 mg	91%
Selenium*	179.8 mcg	327%
Manganese*	2 mg	87%
Chromium**	20 mcg	57%
Organic Women's Botanical Blend Organic Fermented Amla (<i>Phyllanthus emblica</i> Berry, Organic Fermented Chaste Tree Berry, Organic Fermented Sage Leaf, Organic Reishi Mycelium.	110 mg	+

+ Daily Value (DV) not established.

Other ingredients: Hyprocollase.

*Probiotic Fermented Nutrient **Enzyme Activated Material

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing or under medical supervision. If you are currently undergoing HIV treatment, chemotherapy, or allograft therapy, do not use before consulting your physician. Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing. Made without dairy or soy ingredients, tree nuts, or filler ingredients, nor artificial colors, flavors, sweeteners or preservatives. **Manufactured in a facility that also processes milk, soy, wheat and tree nuts.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:



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