



# MULTI COLLAGEN PROTEIN

Ancient Nutrition provides what our modern world doesn't: easy access to simple, whole food nutrients that help your beauty shine from the inside out.

Our Multi Collagen Protein is uniquely formulated with 5 types of food source collagen to support healthy skin, nails and joints.

- + Promotes restful sleep<sup>†</sup>
- + Helps alleviate stress and tension<sup>†</sup>
- + Supports healthy skin elasticity<sup>†</sup>
- + Promotes healthy nails<sup>†</sup>
- + Supports healthy joints<sup>†</sup>



**Dr. Axe**  
FORMULA

Ancient Nutrition for the Modern World  
[www.AncientNutrition.com](http://www.AncientNutrition.com)



SLEEP<sup>†</sup>



SKIN<sup>†</sup>



NAILS<sup>†</sup>



JOINTS<sup>†</sup>



ANCIENT  
NUTRITION

# MULTI COLLAGEN PROTEIN

Beauty + Sleep<sup>†</sup>

*Supports:*  
Healthy Skin  
Elasticity, Nails,  
Joints and Sleep<sup>†</sup>



TYPE I, II,  
III, V & X

VANILLA CHAI  
FLAVOR

WHOLE FOOD DIETARY SUPPLEMENT | NET WT. 8.7 OZ (246 G)

Suggested Use: Adults take one scoop (included) with 8 ounces of water or your favorite hot or cold recipe.

## Supplement Facts

Serving Size 1 Scoop (12.3 g)  
Servings Per Container About 20

	Amount Per Serving	% Daily Value
Calories	40	
Protein	9 g	
Magnesium	182 mg	43%

Multi Collagen 11 g \*

### Beauty + Sleep Blend

Hydrolyzed Bovine Hide Collagen Peptides, Magnesium Hydroxide, Organic Ashwagandha Root and Leaf Extract, Eggshell Membrane Collagen, Hydrolyzed Fish Collagen Peptides, Chicken Bone Broth Protein Concentrate, Pomegranate Fruit Extract, Asparagus Shoot, Okra Pod, Coffee Fruit Extract, Japanese Sophora Flower, Acerola Cherry, Acai Berry, Mangosteen Fruit, Camu Camu Fruit.

\* Daily Value not established.

Other ingredients: Natural chai flavor with other natural flavor, organic cinnamon bark powder, luo han guo fruit extract, stevia leaf extract.

CONTAINS: Egg, Haddock, Cod, Pollock.

WARNING: If you are pregnant, nursing, allergic, have a medical condition, or taking any medications, consult a doctor before using this or any other dietary supplement. Do not use if product has been opened or tampered with in any way. Keep out of reach of children.

Color and odor may vary from lot to lot. Store in a cool, dry place.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Manufactured for:



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