



MULTI COLLAGEN PROTEIN

Ancient Nutrition transforms your health and vitality with history's healthiest whole food nutrients.

Our Multi Collagen Protein is uniquely formulated with 5 types of food source collagen that are clinically proven to promote healthy hair, skin, joints and digestion[†].

- + Provides rapid relief for exercise-induced joint discomfort (Day 1), and stiffness (Day 5) immediately following exercise[†]
- + Promotes overall joint health: flexibility, mobility and range of motion[†]
- + May reduce collagen degradation (Day 3)[†]



VITAMIN C
+ PROBIOTICS



GRASS-FED
PASTURE RAISED



@ ancientnutrition



Ancient Nutrition for the Modern World
www.AncientNutrition.com

CLINICALLY
STUDIED
INGREDIENTS



ANCIENT
NUTRITION

MULTI COLLAGEN PROTEIN

Recovery[†]



JOINT
SUPPORT[†]



MOBILITY[†]



TYPE I, II,
III, V & X

WHOLE FOOD DIETARY SUPPLEMENT | NET WT. 9.45 OZ (268 G)

Dr. Axe
FORMULA

Suggested Use: Adults take one scoop with 8 ounces of water or your favorite hot or cold recipe.

Supplement Facts

Serving Size 1 Scoop (13.4 g)
Servings Per Container 20

	1 Scoop	2 Scoops
Amount Per Serving	% DV	% DV
Calories	35	70
Protein	9 g	18 g
Vitamin C (from Lipid Metabolite Ascorbate)	90 mg 100%	180 mg 200%
Magnesium	365 mg 87%	730 mg 174%

Multi Collagen Recovery Complex 11.7 g + 23.4 g +
Hydrolyzed Bovine Hide Collagen Peptides, Magnesium Hydroxide, Fermented Eggshell Membrane Collagen, Tart Cherry Fruit, L-glutamine, Chicken Bone Broth Protein Concentrate, Organic Beet Root Juice, Apple Cider Vinegar, Bacillus coagulans (2 Billion CFU[†]), Hydrolyzed Fish Collagen Peptides.

+ Daily Value not established.

Other ingredients: Citric acid, natural cherry flavor with other natural flavor, stevia leaf extract.

CONTAINS: Egg, Haddock, Cod, Pollock.

[†]At time of manufacture.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Packaged by weight, not volume. Settling may occur. **Keep out of reach of children.** Store in a cool, dry place. Do not use if safety seal is broken or missing.

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Manufactured for:



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