ALKALIZE • ENERGIZE • VITALIZE

Sylvia & JR Ortiz, Mother & Son. Certified Women owned. Est. 1998.

Each serving of MacroMeal contains:

- **3 servings — Super Fruits & Vegetables:** = 3 servings of fruits & veggies
- **25g — Protein:** = the protein of 4 eggs
- **3 servings — Antioxidants:** = 3 servings of super fruits
- **MCT — Healthy Fats:** from high quality coconut oil
- **4g — Fiber:** = 2 servings of whole wheat bread

Time Released Protein – Fast, Medium and Slow release proteins sustain energy and help you feel full longer.†

MacroMeal your all in one Collagen protein. Scientifically formulated with **"Macro and Micro"** nutrients. Combines **25 grams of Fast, Medium, and Slow digesting** proteins from Collagen Peptides, Whey Protein, Organic Brown Rice and Organic Pea Protein Concentrates that deliver sustained energy.† Feel the difference of MacroLife Nutrition!
"OMNI" PROTEIN = PROTEIN FOR CONSCIENTIOUS OMNIVORES.

Keto Friendly high protein, low carb blend aligns with a Keto lifestyle.

MCT Coconut Oil Powder naturally contains MCT (Medium Chain Triglycerides) that sustains energy and satisfies hunger.†

Superfood Blend contains Macro Greens™ and Miracle Reds™ essential components.

Antioxidants absorb Free-Radicals that damage healthy cells. Boost overall health and provide anti-aging benefits for beautiful skin.†

Probiotics are friendly bacteria that play an important role in digestion and immune system.†

Plant Based Vitamins support the maintenance of good health with key nutrients your body may need.†

Trace Mineral Complex aids recovery and hydration for active lifestyles.†

Fiber helps regulate hunger. MacroMeal uses a gentle and nutrient-dense fiber blend.†

Digestive Enzymes promote optimal digestion for better absorption and greater bioavailability.†

**50% Protein RDAs Recommend Daily Allowances

Not intended to be used as a meal replacement. Notice: Use this product as a food supplement only. Do not use for weight reduction.

Taste may change slightly depending on harvesting season.

Store in a cool dry place. No fillers or animal testing. No sugar added. Low-glycemic. No artificial colors, preservatives or ingredients. Contents sold by weight not volume, some settling may occur.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

www.MacroLifeNaturals.com

COLLAGEN + MCT + SUPERFOODS

50% PROTEIN RDAs

MacroLife Naturals® EST.1998

MacroMeal®

25g TIME RELEASED PROTEIN

72 TRACE MINERALS
3 BILLION PROBIOTICS & ENZYMES

MCT Coconut Oil Powder · Gluten Free · KETO · non-GMO · NO rBST HORMONE FREE · Time Released Protein

ULTIMATE CHOCOLATE PROTEIN POWDER

NET WT 44.4 oz / 1,260 g

Nutrition Facts

28 Servings per container

Serving Size		2 scoops (about 45 g)		
		Per 1 Scoop	Per 2 Scoops	
Calories		**90**	**180**	
		% DV*		% DV*
Total Fat	1.5 g	2%	3 g	4%
Saturated Fat	0.75 g	4.0%	1.5 g	8%
Trans Fat	0 g		0 g	
Cholesterol	22.5 mg	8%	45 mg	15%
Sodium	70 mg	3%	140 mg	6%
Total Carbohydrate	4.5 g	1.5%	9 g	3%
Dietary Fiber	2 g	7.5%	4 g	15%
Total Sugars	1.5 g		3 g	
Protein	12.5 g	25%	25 g	50%
Vitamin A	38 mcg	4%	76 mcg	8%
Vitamin C	30.5 mg	34%	61mg	68%
Vitamin D	0 mcg	0%	0 mcg	0%
Vitamin E (as d-alpha tocopherol succinate)	20.26 mg	135%	40.52 mg	270%
Vitamin K	13 mcg	11%	26 mcg	22%
Calcium	56 mg	4%	112 mg	8%
Iron	2 mg	11%	4 mg	22%
Potassium	210 mg	5%	420 mg	9%

AMINO ACIDS	Amount Per 45 g Serving
Alanine	1,754 mg
Arginine	1,588 mg
Aspartic Acid	2,887 mg
Cystine	486 mg
Glutamic Acid	4,677 mg
Glycine	1,956 mg
Histidine**	445 mg
Isoleucine**	1,502 mg
Leucine**	2,482 mg
Lysine**	1,970 mg
Methionine**	553 mg
Phenylalanine**	1,043 mg
Proline	2,123 mg
Serine	1,408 mg
Threonine**	1,601 mg
Tryptophan**	424 mg
Tyrosine	886 mg
Valine**	1,480 mg

**Essential Amino Acids

Not a significant source of Vitamin D.
Not a significant source of added sugars.
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

ConcenTrace® is a registered trademark of Trace Minerals Research, LLC

INGREDIENTS:
Contains: Milk (whey), Tree nuts (coconut)
Macro Power Protein Blend: Whey Protein, Collagen Peptides, Organic Brown Rice Protein, Organic Pea Protein Concentrate
Antioxidant Superfood Blend: Organic Cocoa Powder, Organic Barley Grass Juice Powder, Organic Spirulina, Acerola Cherry Extract, Aloe Vera, Chlorella (cracked cell), Organic Spinach Powder, Organic Red Beet Powder, Organic Blueberry Powder, Organic Maca Powder, Organic Pomegranate, Lycium (Goji Berry) Powder, Organic Acai Berry Powder, Mangosteen Powder
Natural Fiber Blend: Organic Flax Seed Powder, Apple Fiber, Organic Sunflower Lecithin
Other Ingredients: Natural Flavors, Rebaudioside A (Stevia), Sea Salt, Organic Cinnamon Bark Powder
Recovery Blend: MCT Oil Powder (50%), Organic Coconut Water Powder, ConcenTrace AC® Trace Minerals
Natural Plant Enzymes: Amylase, Bromelain, Cellulase, Lipase, Papain, Protease
3 Billion CFU Lactobacillus acidophilus, Lactobacillus rhamnosus, Bifidobacterium bifidum, Bifidobacterium longum (at time of manufacture)

INGREDIENTS with a PURPOSE – Source the purest whole food ingredients and blend them into synergistic formulas that create optimal health.

Directions:
Mix 2 scoops (45 g) into 12 ounces filtered water, milk, milk alternative, or blend into your favorite smoothie recipe.

Manufactured for:
MacroLife Naturals® Inc.
An Original Formulation
Culver City, CA 90232
1-800-521-5867

Made in the U.S.A.

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