

BETTER SLEEP FOR
A BETTER TOMORROW*



A good night's sleep means a better tomorrow. Nature's Way® Melatonin Gummies help you fall asleep faster by supplementing melatonin, a hormone naturally found in the body.* Each serving contains 5 mg melatonin to help support sleep quality and a healthy sleep cycle, so you can greet the morning well-rested and function better during the day.*

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No wheat, yeast-derived ingredients, soy, gelatin, peanut, egg, or dairy.

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Questions? 1-800-9NATURE / naturesway.com

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*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



MELATONIN — GUMMIES —

HELPS YOU FALL ASLEEP FASTER*
NON-HABIT FORMING SLEEP SUPPORT*

STRAWBERRY FLAVORED

100%
Drug-Free

120 GUMMIES | 5 MG per 2 Gummy Serving

DIETARY SUPPLEMENT

Recommendation: Adults chew 2 gummies 30-60 minutes before bed. Not formulated for children. Take only as directed. Do not exceed recommended dose.

Warning: Do not use if you are pregnant, attempting to become pregnant, nursing, or if you have or are being treated for depression or dementia. If you are being treated for diabetes, autoimmune, endocrine, blood clotting, or seizure disorders, or if you are taking any medications, consult a healthcare professional before use. This product may cause drowsiness, do not drive, or operate machinery while taking this product. Avoid alcohol and other sedatives while taking this product. If you are experiencing long-term sleep difficulties, consult a healthcare professional.

Supplement Facts

Serving Size 2 Gummies
Servings per Container 60

Amount per Serving	% DV	
Calories	15	
Total Carbohydrate	4 g	1%†
Total Sugars	3 g	**
Includes 3 g Added Sugars		6%†
Melatonin	5 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

**Daily Value not established.

Other ingredients: glucose syrup, sucrose, purified water, pectin, citric acid, natural flavor, fruit juice color, sodium citrate, coconut oil, carnauba wax