

MEGA-DHA IS THE PREMIER FISH OIL SOURCE OF DHA—an essential fatty acid needed for proper eye and brain development, as well as mental and visual function.*

Supportive, but not conclusive, research shows that consumption of EPA and DHA Omega-3 fatty acids may reduce the risk of coronary heart disease. [See Supplement Facts for total fat and cholesterol content.]

- **Molecularly distilled**
- **Tested for PCBs, heavy metals** (including mercury), and other impurities
- **No starch, or artificial colors**

KEEP OUT OF REACH OF CHILDREN. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

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QUESTIONS? 1-800-9NATURE / naturesway.com

◆ LG15682.A02 BLK9052A



*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



MEGA-DHA

PREMIUM FISH OIL

EYE AND BRAIN HEALTH*



1,000 MG PER SOFTGEL
MOLECULARLY DISTILLED PLUS VITAMIN E
41% DHA • 16% EPA

60 SOFTGELS DIETARY SUPPLEMENT

RECOMMENDATION: Adults swallow 2 softgels daily. Do not chew. **CAUTION:** If you are pregnant, nursing, taking blood-thinning medications, facing surgery, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Softgels / Servings per Container 30

Amount per Serving		% DV
Calories	20	
Total Fat	2 g	3%†
Saturated Fat	0 g	0%†
Trans Fat	0 g	**
Polyunsaturated Fat	2 g	**
Monounsaturated Fat	0 g	**
Cholesterol	20 mg	7%
Vitamin E (as d-alpha tocopherol)	13.4 mg	89%
Fish Oil	2 g	**
Total Omega-3 Fatty Acids	1.2 g	**
Docosahexaenoic Acid (DHA)	838 mg	**
Eicosapentaenoic Acid (EPA)	338 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

OTHER INGREDIENTS: gelatin (softgel), glycerin, purified water

Contains fish (anchovy).