

**STRESS SUPPORT
TO CALM YOUR MIND***



L-Theanine is an amino acid that promotes relaxation and provides support during moments of stress.* Calm your mind in a restful, relaxed state without diminishing daytime alertness.*

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



L-THEANINE

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180 VEGAN CAPSULES | 200 MG per Serving

DIETARY SUPPLEMENT

Recommendation: Adults take 2 capsules one to two times daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 2 Capsules
Servings per Container 90

Amount per Serving	% DV
L-Theanine	200 mg**

**Daily Value (DV) not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose), magnesium stearate

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No yeast-derived ingredients, corn, wheat, soy, dairy, or artificial colors, or flavors.

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Questions? 1-800-9NATURE /
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