

USAGE: Take 1 to 2 softgels with each meal or as directed by your qualified healthcare professional. For pregnancy or lactation, take 1 to 2 softgels per day; for children, give 1 softgel per day.

NOTE: If you have a medical condition (especially seafood allergies or coagulopathy), are taking medications (especially anticoagulants), or facing surgery, consult your healthcare professional before using this product.

Max DHA® contains omega-3 fatty acids from calamari oil highly purified and concentrated by **molecular distillation**.

DHA is the predominant fatty acid in the brain, nervous system and retina of humans.* DHA is important for fetal and infantile neurological development.* DHA also supports neurological function in seniors.*

**Keep away from light and heat.
Keep out of the reach of children.**

*** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Lot #. Best Used Before:

Distributed Exclusively by:
Jarrow FORMULAS®
Superior Nutrition and FormulationSM
P.O. Box 35994
Los Angeles, CA 90035-4317
www.Jarrow.com

Jarrow FORMULAS®

High Purity

Highly Concentrated Omega-3's

Max DHA®

Supports Brain and Eye Health*

90 Softgels
Dietary Supplement

Supplement Facts

Serving Size 2 Softgels

Servings Per Container 45

	Amount Per Serving	% DV
Calories	10	
Total Calamari Oil (source of Omega-3)	1200 mg	*
DHA (Docosahexaenoic Acid)	500 mg	
EPA (Eicosapentaenoic Acid)	130 mg	

* Daily Value not established.

Other Ingredients: Natural flavor, mixed tocopherols, rosemary extract and ascorbyl palmitate. Softgel consists of gelatin, glycerin, water and is colored with carob as a light barrier.

Contains: Calamari.

No wheat, no gluten, no soybeans, no dairy, no egg, no peanuts/tree nuts, no chemical solvents.



Certified as sustainable by
Friend Of The Sea®

03213DHA

PROD # 116007



© 2013 **Jarrow FORMULAS®**