Delicious Fiber Delights* Vanilla Flavored

- Gentle oat hull and prebiotic fiber blend
- Helps promote and maintain digestive regularity*
- Great-tasting alternative to gritty fiber powder supplements

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

Contains no salt, yeast-derived ingredients, dairy. or artificial colors, or preservatives.











Fiber Delights

Vanilla Flavored

Daily Fiber for Regularity*

60 CHEWABLE TABLETS . DIFTARY SUPPLEMENT

Recommendation: Chew 1 tablet daily for the first week. then increase to 2 tablets daily. If additional fiber is desired, slowly increase to taking 2 tablets four times daily. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts Serving Size 2 Chewable Tablets Servings per Container 30

Amount per Serving		% D\
Calories	15	
Total Carbohydrate	6 g	2%1
Dietary Fiber	4 g	14%1
Total Sugars	2 g	**
Includes 2 g Added Sugars		4%1
Fiber Delights® Proprietary Blend	4.4 g	**

inulin fiber (inulin and fructooligosaccharides (FOS) from chicory root), oat (hulf) fiber

†Percent Daily Values (DV) are based on a 2,000 calorie

diet. **Daily Value not established. Other ingredients: fructose, stearic acid, natural flavor

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