

BONE HEALTH AND MUSCLE FUNCTION*



Calcium and Magnesium are essential for healthy bones, teeth and muscle function.* Zinc is essential for cellular reproduction, which is the process of growth and repair.* Our Calcium, Magnesium, and Zinc are carefully tested and produced to superior quality standards.

◆ LG41410.A02 BLK8101A



CALCIUM MAG & ZINC

— MINERAL COMPLEX —

BONE HEALTH AND
MUSCLE FUNCTION*

100 CAPSULES | 765 MG per Serving

DIETARY SUPPLEMENT

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Recommendation: Adults take 3 capsules twice daily, preferably with food. Do not exceed recommended dose. If you are pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 3 Capsules

Servings per Container 33

Amount per Serving	% DV	
Total Carbohydrate	<1 g	<1%†
Calcium (as calcium carbonate, citrate, malate)	500 mg	38%
Magnesium (as magnesium oxide, citrate, aspartate)	250 mg	60%
Zinc (as zinc bisglycinate)	15 mg	136%

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

Other ingredients: gelatin (capsule), cellulose, magnesium stearate

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

GLUTEN FREE. No yeast-derived ingredients, wheat, soy, dairy, or artificial colors, flavors, or preservatives.

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Questions? 1-800-9NATURE /
naturesway.com



BOTTLES MADE
FROM 97%
POST-CONSUMER
RECYCLED PLASTIC

