Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. Warning: Do not take if you are pregnant or nursing. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

## **GLUTEN AND ARTIFICIAL COLORS**

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately

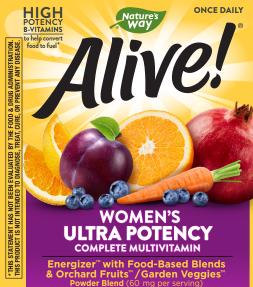
Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

## VEGETARIAN

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▲ LG13718.E01 BLK8651E





## Supplement Facts Amount per Serving Serving Size 1 Tablet Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach Amount per Serving Cardio Blend: Hawthorn (berry), Japanese Knotweed (root) .... 20 mg ..... Extract, Coenzyme Q10 (ubiquinone-10) Vitamin A (as 50% [675 mcg] beta-carotene,.......1,350 mcg.......150% Citrus Bioflavonoid Complex (from orange, grapefruit,.........20 mg ....\* 50% [675 mcg] retinyl acetate) lemon, lime, tangerine) Vitamin C (ascorbic acid). 180 mg 200% CranR\*\* Cranberry (fruit Concentrate. 20 mg .\*\* Vitamin D 3 (as cholecalciferor). 50 mcg. 250% Jaily Greens\*\* Blend: Spirulina, Kelp, Barley (grass), 20 mg .\*\* Vitamin E (as d-alpha tocopheryl succinate). 15 mg 100% Blessed ff Thistic (stein, Leaf, flower, Blue-Green Algae (Aphanizomenon flos-aquae), Chlorella, Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass Folate ..... ..667 mcg DFE...1679 Flax Lignan (seed hulls) Extract (400 mcg Folic Acid) Hair, Skin & Nails Blend: Horsetail (stem, leaf), MSM ......20 mg .....\* Vitamin B12 (as methylcobalamin) .......40 mcg....1,667% (Methylsulfonylmethane), Grape (seed) Extract Mushroom Mycelial & Primordia Biomass Defense Blend:.....20 mg .....\* Organic Reishi (Ganoderma lucidum), Organic Shiitake (Lentinula edodes), Organic Hiratake (Pleurotus ostreatus), Organic Enokitake (Flammulina velutipes), Organic Maitake (Grifola frondosa), Organic Iron (as ferrous fumarate) ......18 mg .......1009 lodine (as potassium iodide)......150 mčg......100% Yamabushitake (Hericium erinaceus), Organic Agarikon Magnesium (as magnesium oxide)......105 mg ......25% (Fomitopsis officinalis), Organic Chaga (Inonotus obliquus), Organic Himematsutake (Agaricus brasiliensis/ blazei), Organic Kawaratake (Trametes versicolor), Organic Mesima (Phellinus linteus), Organic Zhu Ling (Grifola umbellata) Orchard Fruits™ & Garden Veggies™ Powder Blend: .....60 mg ......\* Blueberry, Orange, Carrot, Pomegranate, Plum. Lutein (from Aztec Marigold [flower] Extract)......500 mcg.... Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acaí, Asparagus, Banana, \*\*Daily Value (DV) not established.

% DV\*

Other ingredients: cellulose, stearic acid, sodium croscarmellose, silica, magnesium stearate, hypromellose, glycerin, brown rice