

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.



*FloraGLO is a registered trademark of Kemin Industries, Inc.

†Trademark of its respective company.

FREE FROM gluten, soy, yeast-derived ingredients, wheat, dairy, and preservatives.

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Green Bay, WI 54311 USA
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**VALUE
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**WOMEN'S 50+
COMPLETE MULTIVITAMIN**

**ORCHARD FRUITS™
& GARDEN VEGGIES™**
Powder Blend (100 mg per serving)

110 TABLETS • MULTIVITAMIN SUPPLEMENT

Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant, nursing, or have known hypersensitivity to iodine or hyperthyroidism. If you have a kidney disorder, hypercalcemia, hypercalciuria, a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablet

Amount per Serving

% DV

Vitamin A (as 70% [630 mcg] retinyl acetate and 30% [270 mcg] beta-carotene)	900 mcg	100%
Vitamin C (ascorbic acid)	135 mg	150%
Vitamin D3 (as cholecalciferol)	50 mcg	250%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg	100%
Vitamin K (as phytonadione)	120 mcg	100%
Thiamin (as thiamin mononitrate)	3.6 mg	300%
Riboflavin	2.6 mg	200%
Niacin (as niacinamide)	16 mg	100%
Vitamin B6 (as pyridoxine HCl)	5.1 mg	300%
Folate	400 mcg DFE (240 mcg Folic Acid)	100%
Vitamin B12 (as cyanocobalamin)	40 mcg	1,667%
Biotin	30 mcg	100%
Pantothenic Acid (as D-calcium pantothenate)	7.5 mg	150%
Calcium (as calcium carbonate, dicalcium phosphate, D-calcium pantothenate)	260 mg	20%

Amount per Serving

% DV

Iodine (as potassium iodide)	150 mcg	100%
Magnesium (as magnesium oxide)	50 mg	12%
Zinc (as zinc oxide)	16.5 mg	150%
Selenium (as sodium selenate)	55 mcg	100%
Copper (as copper sulfate)	0.9 mg	100%
Manganese (as manganese sulfate)	4.6 mg	200%
Molybdenum (as sodium molybdate)	45 mcg	100%
Sodium	5 mg	<1%
Orchard Fruits™ & Garden Veggies™ Powder Blend: Orange, Blueberry, Carrot, Plum, Pomegranate, Strawberry, Pear, Apple, Beet, Raspberry, Pineapple, Pumpkin, Cherry, Cauliflower, Grape, Banana, Cabbage, Tomato, Acai, Asparagus, Brussels Sprout, Cranberry, Cucumber, Pea, Broccoli, Spinach	100 mg	**
FloraGLO® Lutein Carotenoid from Aztec Marigold Extract (flower)	300 mcg	**
Boron (as sodium borate)	150 mcg	**

**Daily Value (DV) not established.

Other ingredients: cellulose, sodium croscarmellose, hydroxypropyl cellulose, stearic acid, hypromellose, magnesium stearate, polydextrose, titanium dioxide color, gelatin, silica, medium chain triglycerides, carmine color