

Other ingredients: cellulose, stearic acid, sodium croscarmellose, silica, magnesium stearate, hypromellose, glycerin, brown rice.

Recommendation: Men take 1 tablet daily, preferably with food. Not formulated for women or children. Do not exceed recommended dose.

Warning: Do not take if you are pregnant, nursing, or under the age of 18. If you have a blood clotting issue, or if you are taking any medications, consult a healthcare professional before use.

FREE GLUTEN AND FROM ARTIFICIAL COLORS

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

VEGETARIAN

◆ LG15685.E01 BLK8650E

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-NATURE / natureway.com

HIGH POTENCY & 100% NATURAL
To help support healthy living

ONCE DAILY

Nature's Way

Live!

MEN'S ULTRA POTENCY COMPLETE MULTIVITAMIN

Energizer™ with Food-Based B Vitamins & Orchard Fruits™ / Garden Veggies™ Powder Blend (50 mg per serving)

60 TABLETS • MULTIVITAMIN SUPPLEMENT

Amount per Serving		% DV*
Total Carbohydrate		<1 g <1%
Vitamin A (as 50% [675 mcg] beta-carotene, 50% [675 mcg] retinyl acetate)		1,350 mcg 150%
Vitamin C (ascorbic acid)	203 mg	226%
Vitamin D3 (as cholecalciferol)	50 mcg	250%
Vitamin E (as d-alpha-tocopheryl succinate)	15 mg	100%
Vitamin K (as phytonadione)	120 mcg	100%
Thiamin (as thiamin mononitrate)	20 mg	1,667%
Riboflavin	20 mg	1,538%
Niacin (as niacinamide)	40 mg	250%
Vitamin B6 (as pyridoxine HCl)	20 mg	1,768%
Folate	400 mcg DFE (240 mcg Folate Acid)	100%
Vitamin B12 (as methylcobalamin)	40 mcg	1,667%
Biotin	33 mcg	1,100%
Pantothenic Acid (as D-calcium pantothenate)	33 mcg	1,100%
Choline (as choline bitartrate)	20 mg	40%
Calcium (as calcium carbonate, dicalcium phosphate, iodine (as potassium iodide))	130 mg	10%
Magnesium (as magnesium oxide)	55 mg	13%
Zinc (as zinc oxide)	22 mg	200%
Selenium (as sodium selenate)	200 mcg	364%
Copper (as copper sulfate)	1.8 mg	252%
Manganese (as manganese sulfate)	5.8 mg	252%
Molybdenum (as sodium molybdate)	45 mcg	100%
Men's Blend: Saw Palmetto (berry), Tomato	101 mg	**
Orchard Fruits™ & Garden Veggies™ Powder Blend	50 mg	**
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana	60 mg	**



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Amount per Serving	% DV*
Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pear, Pineapple, Pumpkin, Spinach	
Energizer & Endurance Blend: Eleuthero (root), Rhodiola (root) Extract, Asian Ginseng (root) Extract, Gotu Kola (aerial parts)	30 mg **
Cardio Blend: Hawthorn (berry), Japanese Knotweed (root) Extract, Coenzyme Q10 (ubiquinone-10)	20 mg **
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine)	20 mg **
Daily Greens™ Blend: Spirulina, Kelp, Barkley (grass), Blessed Thistle (stem, leaf, flower), Blue-Green Algae (Aphanizomenon flos-aquae), Chlorella, Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemongrass (Cymbopogon citratus) (aerial parts), Nettle (Urtica sp.) (leaf), Plantain (leaf), Wheat (grass)	20 mg **
Inositol	20 mg **
Mushroom Mycelial & Pteridoma Bioscience Defense Blend: Organic Reishi (Ganoderma lucidum), Organic Shiitake (Lentinula edodes), Organic Hiratake (Pleurotus ostreatus), Organic Enoki (Flemingia velutipes), Organic Maitake (Grifola frondosa), Organic Yamabushitake (Phellinus erinaceus), Organic Agarikon (Fomitopsis officinalis), Organic Chaga (Phanerochaete chrysosporium), Organic Himeostachys (Agaricus brasiliensis-blaze), Organic Kawarabake (Trametes versicolor), Organic Mesima (Phellinus linteus), Organic Zhu Ling (Ginola umbellata)	20 mg **
Digestive Enzyme Blend: Betaine HCl, Bromelain, Papain	7 mg **
Rutin (from Sophora japonica [flower bud], Tomato)	5 mg **
Lutein (from Atractylodes [flower] Extract)	500 mcg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

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VEGETARIAN

GET THE MOST FROM YOUR MULTI!

Orchard Fruits™ & Garden Veggies™ Powder Blend

Men's Blend

Mushroom Defense Blend

Cardio Blend

Citrus Bioflavonoid Complex

Daily Greens™ Blend

Digestive Enzyme Blend

Energizer & Endurance Blend

BALANCED FOR MEN

With High-Potency B-Vitamins including the active form of B-12

EYE HEALTH*
Beta-Carotene (Vitamin A) Vitamins C, E, Lutein, Zinc

BONE HEALTH*
Calcium, Folate Magnesium, Manganese Vitamins D3, K

HEART HEALTH*
B-Vitamins Vitamins C, E

IMMUNE HEALTH*
Selenium, Zinc Vitamins A, C, D3

ENERGY METABOLISM*
B-Vitamins

MUSCLE FUNCTION*
Magnesium Vitamins B6, D3

Alive!® multivitamins were created to give you the energy support you need to do all that is important to you! Get the most from your multi, with potent vitamins & minerals and our food-based blends, and live every day feeling Alive!

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

HIGH POTENCY B-VITAMINS

to help convert food to fuel!

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