

Recommendation: Adults swallow 2 softgels daily, preferably with food. Do not chew. Not formulated for children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have kidney dysfunction, a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medications, consult a healthcare professional before use. Biotin may interfere with lab tests. If you are planning to undergo lab testing, consult a healthcare professional before use.

FREE FROM yeast-derived ingredients, wheat, soy, and dairy.

Keep out of reach of children. Safety sealed with inner seal. Do not use if seal is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

†Trademark of its respective company.

◆ LG11094.A02 BLK9008A

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Green Bay, WI 54311 USA
Bottled and tested in the USA
Questions? 1-800-9NATURE | naturesway.com

THIS PRODUCT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Alive!

BEAUTY SUPPORT™
HAIR, SKIN & NAILS
MULTIVITAMIN

with
**75 mg of Collagen and
2,500 mcg of Biotin**
per serving

19 Vitamins & Minerals
at 100% or more of Daily Value
Orchard Fruits™ & Garden Veggies™
Powder Blend (50 mg per serving)

60 SOFTGELS • DIETARY SUPPLEMENT

Supplement Facts

Serving Size 2 Softgels / Servings per Container 30

Amount per Serving	% DV
Calories	10
Total Fat	1 g 1%
Saturated Fat	0 g 0%
Trans Fat	0 g 0%
Vitamin A (as retinyl palmitate)	900 mcg 100%
Vitamin C (ascorbic acid)	90 mg 100%
Vitamin D3 (as cholecalciferol)	50 mcg 250%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg 100%
Vitamin K (as phytylacetate)	120 mcg 100%
Thiamin (as thiamin mononitrate)	2.4 mg 200%
Riboflavin	2.4 mg 200%
Niacin (as niacinamide)	16 mg 100%
Vitamin B6 (as pyridoxine HCl)	3.4 mg 200%
Folate	400 mcg DFE 100%
Vitamin B12 (as cyanocobalamin)	4.8 mcg 200%

Other ingredients: sunflower oil, gelatin (porcine), glycerin, yellow beeswax, purified water, sunflower lecithin, natural flavors, caramel color. Contains fish (Tilapia).

Amount per Serving	% DV
Biotin	2,500 mcg 8,333%
Paranthemic Acid (as D-calcium panthothenate)	7.5 mg 150%
Iodine (as potassium iodide)	150 mcg 100%
Zinc (as zinc oxide)	11 mg 100%
Selenium (as L-selenomethionine)	55 mcg 100%
Copper (as copper sulfate)	0.9 mg 100%
Manganese (as manganese sulfate)	2.3 mg 100%
Molybdenum (as sodium molybdate)	45 mcg 100%
Hydrolyzed Collagen Type I	75 mg **
Orchard Fruits™ / Garden Veggies™ Powder Blend: Spinach, Pea, Cabbage, Cauliflower, Asparagus, Broccoli, Brussels Sprouts, Cucumber, Apple, Tomato, Acai, Cherry, Grape, Raspberry, Plum, Beet, Carrot, Banana, Blueberry, Pineapple, Strawberry, Cranberry	50 mg **
Hyaluronic Acid	30 mg **
Silica (from Horsetail Stem Extract)	3 mg **

(Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.



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LUSTROUS HAIR, STRONG NAILS & VIBRANT SKIN*

Supported by
Collagen Type I
Biotin
Hyaluronic Acid
Silica (from horsetail extract)
Antioxidants C, E, and Selenium
Vitamin D3, Copper, and Zinc

Strawberry flavored
softgels for a pleasant experience



Alive!® multivitamins were created to give you the support you need to do all that is important to you! Get the most from your multi, with potent vitamins and minerals and our food-based blends, and live every day feeling Alive!

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Complete Multivitamin for Everyday Beauty*

100% or more of daily value
of 19 vitamins and minerals

High Potency B-Vitamins
to help convert food into cellular energy*

Orchard Fruits™ / Garden Veggies™
Powder Blend
(50 mg per serving)

FREE FROM YEAST-DERIVED INGREDIENTS, WHEAT, SOY, AND DAIRY

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