



# Fiber

## with Vitamin D3

### ADULT GUMMIES

**Prebiotic Fiber\***

**Supports Healthy GI Function\***

**An  
Excellent  
Source  
of Fiber**

**DELICIOUS  
FLAVORS**

Orange, Cherry,  
Grape, Apple, Lemon  
& Strawberry

**75 Gummies**  
DIETARY SUPPLEMENT



*Nature's Bounty Fiber Gummies are a great way to provide your body with the fiber and Vitamin D3 it needs to function optimally.\* These delicious fiber gummies deliver 5 grams of prebiotic inulin fiber.\* Prebiotics are nutritional compounds with the ability to promote the growth of specific, beneficial (probiotic) gut flora.\**

**Feed Your Flora and Get Healthy with Nature's Bounty Fiber Gummies!\***

#### Supplement Facts

Serving Size 2 Gummies

Servings Per Container 37

| Amount Per Serving                   | %Daily Value |      |
|--------------------------------------|--------------|------|
| Calories                             | 15           |      |
| Total Carbohydrate                   | 8 g          | 3%** |
| Dietary Fiber                        | 5 g          | 20%  |
| Sugars                               | <1 g         | ***  |
| Vitamin D<br>(as D3 Cholecalciferol) | 1,000 IU     | 250% |

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**DIRECTIONS:** For adults, chew two (2) gummies daily, preferably with a meal.

**No** Artificial Sweetener or Flavor, **No** Preservatives, **No** Milk, **No** Lactose, **No** Soy, **No** Gluten, **No** Wheat, **No** Yeast, **No** Fish. Sodium Free.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

**Other Ingredients:** Chicory Root Fiber, Gelatin, Citric Acid, Lactic Acid, Natural Colors (Black Carrot Juice Concentrate, Turmeric, Purple Berry Concentrate), Fractionated Coconut Oil, Natural Flavors, Luo Han Guo Fruit Concentrate, Beeswax.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**N**utrition Questions or Comments?  
Call 1-800-433-2990  
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit [www.NaturesBounty.com](http://www.NaturesBounty.com)

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