

Directions: As a dietary supplement, take one packet 2 to 4 times a day. Place contents in a glass, add 4-6 oz. of water.

Supplement Facts

Serving Size 1 packet (9.3 g)

Amount Per Serving	% DV
Calories	25
Total Carbohydrate	6 g 29%*
Sugars	6 g
Vitamin C (as ascorbic acid, zinc ascorbate, and chromium ascorbate)	1,000 mg 1,067%
Thiamin (as thiamine hydrochloride)	0.38 mg 25%
Riboflavin (as riboflavin 5-phosphate sodium)	0.43 mg 25%
Niacin	5 mg 25%
Vitamin B ₆ (as pyridoxine hydrochloride)	10 mg 500%
Folic Acid	12.5 mcg 3%
Vitamin B ₁₂ (as cyanocobalamin)	25 mcg 417%
Pantothenic Acid (as calcium pantothenate)	2.5 mg 25%
Calcium (as calcium carbonate, calcium phosphate, and calcium pantothenate)	50 mg 5%
Magnesium (as magnesium hydroxide and magnesium carbonate)	60 mg 15%
Zinc (as zinc ascorbate)	2 mg 13%
Manganese (as manganese gluconate)	0.5 mg 25%
Chromium (as chromium ascorbate)	10 mcg 8%
Sodium (as sodium bicarbonate and monosodium phosphate)	60 mg 3%
Potassium (as potassium bicarbonate, potassium carbonate, and monopotassium phosphate)	200 mg 6%
Alpha Lipoic Acid	1 mg †
Quercetin	1 mg †

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Fructose, citric acid, natural flavor, tapioca maltodextrin, malic acid, silica, glycine, aspartic acid, tartaric acid, and cysteine hydrochloride.



Distributed by:
Alacer Corp.

Foothill Ranch, CA 92610
www.alacercorp.com

STORE IN A COOL, DRY PLACE

DIETARY SUPPLEMENT

Emergen-C[®] for life![™]

The Emergen-C Difference

Emergen-C is so much more than just Vitamin C!

The foundation of Emergen-C is built on seven mineral ascorbates. These mineral ascorbates of potassium, calcium, magnesium, manganese, sodium, chromium & zinc provide your body with 1,000 mg of vital, life-sustaining Vitamin C in a non-acidic, stomach-friendly formula. Unlike ordinary Vitamin C supplements, Emergen-C also has a total of 32 active mineral complexes along with key B Vitamins. All combined, Emergen-C is a potent blend of antioxidants, vitamins, minerals and other micronutrients that support healthy metabolic function, boost your immunity & give you a burst of non-caffeinated energy.*

Year Round, for life!

SPRING

Emergen-C can put an extra spring in your step with the natural energy boost of Vitamins B1, B2, B3, B6, and B12.*



SUMMER

When temperatures rise, drinking Emergen-C's electrolyte-enhanced formula, with 32 mineral complexes, can help replenish critical fluids and minerals lost through perspiration.*



FALL/WINTER

Emergen-C supports a healthy immune system with 1,000 mg of Vitamin C, Zinc, and 32 mineral complexes.*



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Emergen-C[®]

Super Energy Booster*

1,000_{mg} Vitamin C

as 7 Mineral Ascorbates
32 Mineral Complexes
B Vitamins

Lemon Lime

FLAVORED FIZZY DRINK MIX

DIETARY SUPPLEMENT

NET WT. 0.3 OZ (9.3 g)/PACKET(36 PACKETS)



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