



Adult Multivitamin

With B12 & Vitamin C

Gummies

100%
Daily Value
of B-12 &
Vitamin C*

DELICIOUS
All Natural Flavors!
Orange, Cherry &
Grape



75 Gummies

VITAMIN SUPPLEMENT

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 37

Amount Per Serving		%Daily Value
Calories	15	
Total Carbohydrate	3 g	1%**
Sugars	2 g	***
Vitamin A (as Retinyl Palmitate)	2,500 IU	50%
Vitamin C (as Ascorbic Acid)	60 mg	100%
Vitamin D (as Cholecalciferol)	800 IU	200%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	15 IU	50%
Niacin (as Niacinamide)	10 mg	50%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Biotin (as d-Biotin)	300 mcg	100%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg	50%
Magnesium (as Magnesium Citrate)	2 mg	1%
Zinc (as Zinc Citrate)	5 mg	33%
Choline (as Choline Bitartrate)	40 mcg	***
Inositol	60 mcg	***
Inulin Fiber	280 mg	***

**Percent Daily Values are based on a 2,000 calorie diet.

***Daily Value not established.

Your Life® Multi Adult Gummies are a delicious way to get the nutrients your body needs. Each serving of Your Life® Gummy Multi provides 100% Daily Value or more of key B Vitamins, Vitamin C and Vitamin D to keep you going strong while supporting your immune system and promoting bone health.*

DIRECTIONS: For adults, chew two (2) gummies daily, preferably with a meal.

⚡per serving

No Artificial Flavor, No Artificial Sweetener, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish, Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Other Ingredients: Corn Syrup, Sugar, Water, Gelatin. **Contains <2% of:** Beeswax, Citric Acid, Colors (Purple Berry Color Concentrate, Black Carrot Juice Concentrate, Annatto), Fractionated Coconut Oil, Lactic Acid, Maltodextrin, Natural Flavors, Silica.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

For Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

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