ALKALIZE • ENERGIZE • VITALIZE

MacroLife Naturals

MacroMeal®

Each serving of MacroMeal contains:

- **3 servings — Super Fruits & Vegetables:** = 3 servings of fruits & veggies
- **25g — Protein:** = 1-1/2 cups of lentils
- **3 servings — Antioxidants:** = 3 servings of super fruits
- **MCT — Healthy Fats:** from high quality coconut oil
- **3g — Fiber:** = 1-1/2 servings of whole wheat bread

Time Released Protein – Fast, Medium and Slow release proteins sustain energy and help you feel full longer.[1]

50% PROTEIN RDAs***

PLANT PROTEIN + MCT + SUPERFOODS

MacroLife Naturals Est. 1998

MacroMeal®

25g TIME RELEASED PROTEIN

72 TRACE MINERALS
3 BILLION PROBIOTICS & ENZYMES

MCT Coconut Oil Powder · Gluten Free · vegan · KETO · non-GMO · Time Releasing Energy

ULTIMATE VANILLA PROTEIN POWDER

10 SERVINGS · NET WT 14.5 oz / 410 g · DRINK MIX

25g TIME RELEASED VEGAN PROTEIN

MacroLife Naturals

MacroMeal®

MacroMeal Vegan Protein your all in one Vegan protein. Scientifically formulated with **"Macro and Micro"** nutrients. Combines **25 grams of Fast, Medium, and Slow digesting** plant-based proteins from 90% Organic Pea Protein Isolate, Organic Pea Protein Concentrate, and Organic Brown Rice Protein Concentrate that deliver sustained energy.[1] Feel the difference of MacroLife Nutrition!

"VEGAN" PROTEIN = PROTEIN FOR CONSCIENTIOUS VEGANS AND VEGETARIANS

Keto Friendly high protein, low carb blend aligns with a Keto lifestyle.

MCT Coconut Oil Powder naturally contains MCT (Medium Chain Triglycerides) that sustains energy and satisfies hunger.[1]

Superfood Blend contains Macro Greens™ and Miracle Reds™ essential components.

Antioxidants absorb Free-Radicals that damage healthy cells. Boost overall health and provide anti-aging benefits for beautiful skin.[1]

Probiotics are friendly bacteria that play an important role in digestion and immune system.[1]

Plant Based Vitamins support the maintenance of good health with key nutrients your body may need.[1]

Trace Mineral Complex aids recovery and hydration for active lifestyles.[1]

Fiber helps regulate hunger. MacroMeal uses a gentle and nutrient-dense fiber blend.[1]

Digestive Enzymes promote optimal digestion for better absorption and greater bioavailability.[1]

50% PROTEIN RDAs**

***50% Protein RDAs (Recommend Daily Allowances)

Not intended to be used as a meal replacement. Notice: Use this product as a food supplement only. Do not use for weight reduction.

Taste may change slightly depending on harvesting season.

Store in a cool dry place. No fillers or animal testing. No sugar added. Low-glycemic. No artificial colors, preservatives or ingredients.

www.MacroLifeNaturals.com

INGREDIENTS with a PURPOSE –
Source the purest whole food ingredients and blend them into synergistic formulas that create optimal health.

DIRECTIONS:
Mix 1 packet (41 g) into 12 ounces filtered water, milk, milk alternative, or blend into your favorite smoothie recipe.

Nutrition Facts

Serving Size: 1 Packet (41 g) — Servings per Container: 10

Calories	Per 1/2 Packet: 85	% DV*	Per 1 Packet: 170	% DV*
Total Fat	1.75 g	2.5%	3.5 g	5%
Saturated Fat	0.5 g	2.5%	1 g	5%
Trans Fat	0 g		0 g	
Cholesterol	0 mg	0%	0 mg	0%
Sodium	85 mg	4%	170 mg	7%
Total Carbohydrate	3 g	1%	6 g	2%
Dietary Fiber	1.5 g	6%	3 g	11%
Total Sugars	1 g		2 g	
Protein	12.5 g	25%	25 g	50%
Vitamin A	28 mcg	3%	56 mcg	6%
Vitamin C	33 mg	37%	66 mg	74%
Vitamin D	0 mcg	0%	0 mcg	0%
Vitamin E (as d-alpha tocopherol succinate)	20.26 mg	135%	40.52 mg	270%
Vitamin K	15 mcg	13%	30 mcg	26%
Calcium	26.5 mg	2%	53 mg	4%
Iron	4.25 mg	24%	8.5 mg	48%
Potassium	40 mg	< 1%	80 mg	2%

Not a significant source of Vitamin D.
Not a significant source of added sugars.
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

AMINO ACIDS	Amount Per 41 g Serving
Alanine	1,406 mg
Arginine	2,392 mg
Aspartic Acid	2,803 mg
Cystine	407 mg
Glutamic Acid	4,768 mg
Glycine	1,169 mg
Histidine**	566 mg
Isoleucine**	1,275 mg
Leucine**	2,327 mg
Lysine**	1,390 mg
Methionine**	330 mg
Phenylalanine**	1,508 mg
Proline	1,259 mg
Serine	1,353 mg
Threonine**	978 mg
Tryptophan**	337 mg
Tyrosine	1,320 mg
Valine**	1,512 mg

**Essential Amino Acids

Contains: Tree nuts (coconut)
ConcentTrace® is a registered trademark of Trace Minerals Research, LLC

INGREDIENTS:
Macro Power Protein Blend: Organic Brown Rice Protein Concentrate, Organic Pea Protein Concentrate, Organic Pea Protein Isolate
Antioxidant Superfood Blend: Organic Barley Grass Juice Powder, Organic Spirulina, Acerola Cherry Extract, Chlorella (cracked cell), Aloe Vera, Organic Spinach Powder, Organic Maca Powder, Organic Pomegranate, Organic Blueberry Powder, Organic Red Beet Powder, Lycium (Goji Berry) Powder, Organic Acai Berry Powder, Mangosteen Powder
Natural Fiber Blend: Organic Flax Seed Powder, Apple Fiber, Organic Sunflower Lecithin
Other Ingredients: Natural Flavors, Rebaudioside A (Stevia), Sea Salt
Recovery Blend: MCT Oil Powder (50%), Organic Coconut Water Powder, ConcentTrace AC® Trace Minerals
Natural Plant Enzymes: Amylase, Bromelain, Cellulase, Lipase, Papain, Protease
3 Billion CFU Lactobacillus acidophilus, Lactobacillus rhamnosus, Bifidobacterium bifidum, Bifidobacterium longum (at time of manufacture)

Time Released Protein – Fast, Medium and Slow release proteins sustain energy and help you feel full longer.[1]

[1]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

GOOD MANUFACTURING PRACTICE · GMP · QUALITY PRODUCT

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