

ALKALINIZE • ENERGIZE • VITALIZE

38 NUTRIENT-RICH SUPERFOODS

Best Tasting • Plant Based Vitamins/Minerals/Herbs



Sylvia & JR Ortiz,
Mother & Son,
Certified Women owned.
Est. 1998



MacroMan®
is a Macrophage,
a specialized cell
that defends your
immune system.*

Manufactured for:
MacroLife Naturals® Inc.
An Original Formulation
Culver City, CA 90232
1-800-521-5867



Macro Greens® is more than a greens product; it is a complete science-based phytonutrient, herbal and plant-derived formula. Macro Greens® has a base of certified organic baby barley grass, proven to be the most effective and most synergistic of all grasses. Macro Greens® delivers vital nutrients needed by the body's cells to thrive and help achieve optimal nutrition for today's fast-paced lifestyles.*

Macro Greens® nourishes your body from the inside out; with antioxidants, enzymes, vitamins, minerals, amino acids, 18 billion probiotics, plus an herbal blend that supports multiple systems. Enjoy stimulant-free energy from plant-based whole foods that gently detoxify to help support a healthy weight. This delicious, alkalizing powder blends or mixes easily and takes the guesswork out of daily supplementation.*

*Add a little to your day...
add a lot to your Life!*

Taste may change slightly depending on harvesting season.

Store in a cool dry place. No fillers or animal testing. No sugar added. Low-Glycemic. No artificial colors, preservatives or ingredients. Contents sold by weight not volume, some settling may occur.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

30
servings



MacroLife
Naturals
Macro Greens®
- SUPERFOOD -



IMMUNE
SUPPORT
SUPERFOOD
Aids Natural
Defense

18 Billion
Probiotics

Optimum
Alkaline Source
for stimulant-free
energy & health*

Supplement Facts

Amount Per Serving	% Daily Value
Serving Size: About 1 Tbsp (3.4 g)	Servings per Container: About 30
Calories	40
Calories from Fat	15
Total Fat	1.5 g 2%
Saturated Fat	0 g 0%
Cholesterol	0 mg 0%
Total Carbohydrate	8 g 2%
Dietary Fiber	1 g 5%
Sugars	2 g **
Protein	1 g 2%
Vitamin E (as d-alpha-tocopherol succinate)	100 IU 200%
Vitamin C	475 mg 594%
Vitamin B-12 (Methylcobalamin)	3 mcg 50%
Calcium (as Calcium Citrate)	17 mg 2%
Magnesium (as Magnesium Glycinate)	3 mg 1%
Sodium	40 mg 2%
Iron	1.4 mg 8%
Vitamin A	450 IU 9%
NUTRIENT RICH SUPER FOOD BLEND	1735 mg **
Certified Organic Barley Grass Juice Powder (1250 mg)	
Certified Organic Spirulina Powder (300 mg)	
Chlorella (cracked cells) (100 mg)	
Certified Organic Spinach Leaf Powder (85 mg)	
Policosanol (2 mg)	
NON-DAIRY PROBIOTIC CULTURES MIN. ORGANISMS (AT MFG)	18 Billion Units **
Lactobacillus Acidophilus	
Lactobacillus Rhamnosus	
Lactobacillus Bulgaricus	
Bifidobacterium Breve	
Bifidobacterium Longum	
ANTIOXIDANT PROPRIETARY BLEND	1490 mg **
Azelaic Cherry Extract	
Azelaic Berry Powder	
Citrus Bioflavonoids (lemon peels, lemons, oranges, and/or grapefruit)	

OTHER INGREDIENTS: Natural Flavors
Contains Soy

Amount Per Serving	% Daily Value
Wills Thistle Seed Extract (80% Silymarin) (25 mg)	
Green Tea Leaf Extract (80% Polyphenols) (10 mg)	
Ginger Seed Extract (95% Proanthocyanidins) (30 mg)	
Resin	
Golagol Biloba Leaf Extract (24% Flavone Glycosides, 6% Terpenes Lactones)	
ADAPTogenic & METABOLIC HERBS PROPRIETARY BLEND	2800 mg **
Soy Lecithin	
Certified Organic Raspberry Fruit Powder	
Horsetail Stem Powder	
Licorice Root Powder (15 mg)	
Ginger Root Powder	
Certified Organic Parsley Leaf Powder	
Eleuthero Root Powder	
Sassafras Root Powder	
Artichoke Root Powder	
Eleuthero Root Powder	
Eleuthero Root Powder	
Eleuthero Root Powder	
NATURAL FIBERS PROPRIETARY BLEND	1225 mg **
Apple Pectin Cellulose Powder	
Apple Fruit Powder (Fiber)	
Certified Organic Flax Seed Meal	
NUTRITIONAL & SUPPORT HERBS PROPRIETARY BLEND	1400 mg **
Alar Vera Leaf Powder (500 mg)	
Watercress Leaf Powder	
Carrot Powder	
Yucca Root Powder	
Certified Organic Red Beet Root Powder	
Certified Organic Stevia Extract	
Dulse	
Prickly Pear Leaf Powder (Hoop)	
NATURAL PLANT ENZYMES PROPRIETARY BLEND	200 mg **
Protease	
Cellulase	
Amylase	
Lipase	
Lactase	

% Daily Values are based on a 2,000 calorie diet.
** Daily Value not established.

Made in the U.S.A.

1 DELICIOUS GLASS = 5 SERVINGS OF FRUITS AND VEGETABLES

Manufactured in a cGMP Certified Facility

NET WT 10 oz/283.5 g Dietary Supplement

www.MacroLifeNaturals.com

Directions: Mix 1 tsp into 10-12 ounces of your favorite non-citrus juice, water, smoothie or protein shake. For best taste mix into 3/4 filtered water and 1/4 apple juice. Enjoy daily!