ALKALIZE • ENERGIZE • VITALIZE

COLLAGEN + MCT + SUPERFOODS

25g TIME RELEASED OMNI PROTEIN

MacroLife Naturals

MacroMeal®

Each serving of MacroMeal contains:

- 3 servings — **Super Fruits & Vegetables:** = 3 servings of fruits & veggies
- 25g — **Protein:** = the protein of 4 eggs
- 3 servings — **Antioxidants:** = 3 servings of super fruits
- MCT — **Healthy Fats:** from high quality coconut oil
- 3g — **Fiber:** = 1-1/2 servings of whole wheat bread

Time Released Protein – Fast, Medium and Slow release proteins sustain energy and help you feel full longer.†

50% PROTEIN RDAs***

MacroLife Naturals

MacroMeal®

25g TIME RELEASED PROTEIN

MCT Coconut Oil Powder · Gluten Free · KETO · non GMO · NO FREE GLUTAMIC ACID · Time Released Protein

72 TRACE MINERALS
3 BILLION PROBIOTICS
& ENZYMES

ULTIMATE VANILLA PROTEIN POWDER

10 SERVINGS NET WT 14 oz / 400 g DRINK MIX

50% PROTEIN RDAs***

MacroLife Naturals

MacroMeal®

MacroMeal your all in one Collagen protein. Scientifically formulated with **"Macro and Micro"** nutrients. Combines **25 grams of Fast, Medium, and Slow digesting** proteins from Collagen Peptides, Whey Protein, Organic Brown Rice and Organic Pea Protein Concentrates that deliver sustained energy.† Feel the difference of MacroLife Nutrition!

"OMNI" PROTEIN — PROTEIN FOR CONSCIENTIOUS OMNIVORES.

Keto Friendly high protein, low carb blend aligns with a Keto lifestyle.

MCT Coconut Oil Powder naturally contains MCT (Medium Chain Triglycerides) that sustains energy and satisfies hunger.†

Superfood Blend contains Macro Greens® and Miracle Reds® essential components.

Antioxidants absorb Free-Radicals that damage healthy cells. Boost overall health and provide anti-aging benefits for beautiful skin.†

Probiotics are friendly bacteria that play an important role in digestion and immune system.†

Plant Based Vitamins support the maintenance of good health with key nutrients your body may need.†

Trace Mineral Complex aids recovery and hydration for active lifestyles.†

Fiber helps regulate hunger. MacroMeal uses a gentle and nutrient-dense fiber blend.†

Digestive Enzymes promote optimal digestion for better absorption and greater bioavailability.†

***50% Protein RDAs (Recommend Daily Allowances)

Not intended to be used as a meal replacement. Notice: Use this product as a food supplement only. Do not use for weight reduction.

Taste may change slightly depending on harvesting season.

Store in a cool dry place. No fillers or animal testing. No sugar added. Low-glycemic. No artificial colors, preservatives or ingredients.

www.MacroLifeNaturals.com

INGREDIENTS with a PURPOSE –
Source the purest whole food ingredients and blend them into synergistic formulas that create optimal health.

DIRECTIONS:
Mix 1 packet (40 g) into 12 ounces filtered water, milk, milk alternative, or blend into your favorite smoothie recipe.

Nutrition Facts

Serving Size: About 1 Packet (40 g)	Per 1/2 Packet		Servings per Packet: About 1 Per 1 Packet	
Calories	**80**		**160**	
		% DV*		% DV*
Total Fat	1.25 g	2%	2.5 g	3%
Saturated Fat	0.5 g	2.5%	1 g	5%
Trans Fat	0 g		0 g	
Cholesterol	20 mg	6.5%	40 mg	13%
Sodium	52.5 mg	2%	105 mg	4%
Total Carbohydrate	3 g	1%	6 g	2%
Dietary Fiber	1.5 g	6%	3 g	11%
Total Sugars	1.5 g		3 g	
Protein	12.5 g	25%	25 g	50%
Vitamin A	33 mcg	4%	66 mcg	8%
Vitamin C	35 mg	39%	70 mg	78%
Vitamin D	0 mcg	0%	0 mcg	0%
Vitamin E (as d-alpha tocopheryl succinate)	20.26 mg	135%	40.52 mg	270%
Vitamin K	13 mcg	11%	26 mcg	22%
Calcium	52 mg	4%	104 mg	8%
Iron	1.4 mg	8%	2.8 mg	16%
Potassium	90 mg	2%	180 mg	4%

AMINO ACIDS	Amount Per 40 g Serving
Alanine	1,714 mg
Arginine	1,514 mg
Aspartic Acid	2,801 mg
Cystine	496 mg
Glutamic Acid	4,555 mg
Glycine	1,910 mg
Histidine**	440 mg
Isoleucine**	1,455 mg
Leucine**	2,422 mg
Lysine**	1,950 mg
Methionine**	535 mg
Phenylalanine**	1,003 mg
Proline	2,086 mg
Serine	1,387 mg
Threonine**	1,570 mg
Tryptophan**	412 mg
Tyrosine	851 mg
Valine**	1,427 mg
**Essential Amino Acids	

Not a significant source of Vitamin D.
Not a significant source of added sugars.
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Contains: Milk (whey), Tree nuts (coconut)
ConcenTrace® is a registered trademark of Trace Minerals Research, LLC

INGREDIENTS:
Macro Power Protein Blend: Whey Protein, Collagen Peptides, Organic Brown Rice Protein, Organic Pea Protein Concentrate
Antioxidant Superfood Blend: Organic Barley Grass Juice Powder, Organic Spirulina, Acerola Cherry Extract, Aloe Vera, Chlorella (cracked cell), Organic Spinach Powder, Organic Red Beet Powder, Organic Blueberry Powder, Organic Acai Powder, Organic Pomegranate, Lycium (Goji Berry) Powder, Organic Acai Berry Powder, Mangosteen Powder
Natural Fiber Blend: Organic Flax Seed Powder, Apple Fiber, Organic Sunflower Lecithin
Other Ingredients: Natural Flavors, Rebaudioside A (Stevia), Sea Salt
Recovery Blend: MCT Oil Powder (50%), Organic Coconut Water Powder, ConcenTrace AC® Trace Minerals
Natural Plant Enzymes: Amylase, Bromelain, Cellulase, Lipase, Papain, Protease
3 Billion CFU Lactobacillus acidophilus, Lactobacillus rhamnosus, Bifidobacterium bifidum, Bifidobacterium longum (at time of manufacture)

Time Released Protein – Fast, Medium and Slow release proteins sustain energy and help you feel full longer.†

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

GMP MANUFACTURING PRACTICE QUALITY PROMISE

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Manufactured for MacroLife Naturals® Inc., An Original Formulation • Culver City, CA 90232 • 1-800-521-5867 • **Made in the U.S.A.**

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