

Fiber
Choice®

WHY IS FIBER CHOICE... THE SMART CHOICE®?

Fiber Choice® is made with inulin, a plant-based fiber. Inulin is also a prebiotic fiber, which means it supports the growth and activity of beneficial bacteria in your gut.*

Prebiotic Fiber Nurtures Your Digestive Health*

It keeps food moving through your system, supporting your digestive tract and helping to support regularity.*

Prebiotic Fiber Helps Support the Immune System*

Inulin helps balance your digestive tract. A healthy, balanced digestive tract supports a healthy immune system.*

Prebiotic Fiber Supports Overall Health*

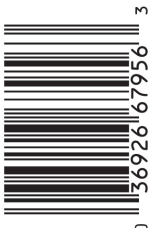
Daily intake of fiber is an important part of your overall health.* Most Americans only get about half of the recommended 28 grams of fiber each day. So when you can't get the fiber you need from healthy food, Fiber Choice® is an easy and tasty way to help close the fiber gap.

‡Among gastroenterologists who recommended a chewable fiber brand (tablets and gummies). IQVIA ProVoice 2020 survey.

AGE	SERVING SIZE
14 yrs. to adult	2 gummies (3 g fiber) up to 8 per day
Children (4-13 yrs.)	1 gummy (1.5 g fiber) up to 4 per day
Children under 4 yrs.	Consult a physician

Children: Product should be fully chewed under adult supervision. Do not exceed the recommended daily dose. • Store in a cool, dry place. • Keep container tightly closed. 44158605 12504506

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.**



NEW

NO sugar, artificial flavors, sweeteners, or colors†



**Fiber
Choice®**

**Prebiotic
Fiber Supplement**

With 100% Plant-Based Fiber

Helps Support Regularity*

Fruity Bites

Natural Peach Flavor

80 GUMMIES

Fiber
Choice®

Fruity Bites

NO sugar, artificial flavors, sweeteners, or colors†

DIRECTIONS: Adults, chew 2 gummies up to 4 times a day. Start with 2 gummies, once a day, then increase dose at steady intervals, preferably with a meal. If discomfort is felt, reduce dose.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 40

	Amount per serving	% Daily Value
Calories	15	
Total Carbohydrate	5g	2%*
Dietary Fiber	3g	11%*
Total Sugars	0g	**
Includes 0g Added Sugars		0%*
Sodium	10mg	<1%

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

INGREDIENTS: INULIN (FROM CHICORY), WATER, PECTIN, AGAR AGAR, TAPIOCA STARCH, CITRIC ACID, TRISODIUM CITRATE, NATURAL PEACH FLAVOR, PAPRIKA EXTRACT (COLOR), CARNAUBA WAX. Manufactured for Nestlé HealthCare Nutrition, Inc., Bridgewater, NJ 08807 USA. All trademarks are owned by Société des Produits Nestlé S.A., Vevey, Switzerland.

PRODUCT OF ISRAEL MAY CONTAIN FISH

†Added colors from natural sources.

QUESTIONS?

1-855-GUT-GARD

To learn more, go to **FiberChoice.com**

Individual results may vary. If pregnant, breastfeeding, have a medical condition, or are on medication, consult a physician before using. If minor gas or bloating occurs, reduce daily serving.

Tamper Evident: Do not use if inner seal beneath cap is missing or broken. Bottle is child resistant.

KEEP OUT OF REACH OF CHILDREN.