## Experience the difference 1 tablet per day makes:

- ‡ Clinically Proven Absorption: Vitamins D, B2, B5, folate, calcium, iron & zinc
- Nourishes Mom's health and Baby's development with folate, calcium and iron\*
- Folic acid supports brain and spinal development
- · Contains iron for healthy red blood cells\*
- Provides nutritional support for bone health\*
- Formulated with an Enzyme & Probiotic Blend
- In early stages of pregnancy

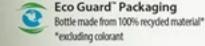
SUGGESTED USAGE: Take one tablet per day, with or between meals, while trying to conceive, pregnant or nursing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

KEEP OUT OF REACH OF CHILDREN: Consult your healthcare professional prior to use if you are pregnant, nursing, taking medication or have a medical condition.

\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Contains NO: Tree nuts, peanuts, eggs, fish, or shellfish.



ACTUAL SIZE TABLET









## **Prenatal One**

Multivitamin

Rainbow Superfoods Blend & Probiotics











Nourishes Mom's Health & Baby's Development with folate, calcium and iron\*







Vegetarian

90 Tablets | Multivitamin Supplement

## Supplement Fact:

Serving Size 1 Tablet Servings Per Container 90

Pregnant & Lactating Amount Per Serving Women		
Amount Per Serving		
itamin A (as 2600 mcg leta-carotene)	200%	Sele sele
tamin C 65 mg ascorbic acid)	54%	Copp
itamin D (as 15 mcg ergocalciferol)	100%	Man
itamin E (as d-alpha 9.5 mg ocopheryl succinate)	50%	Moly
itamin K (as 90 mcg shytonadione)	100%	Orga
hiamin (as thiamin 8 mg nononitrate)	571%	Supe Org
iboflavin (vitamin B2) 8 mg	500%	org (lea
iacin (as niacinamide) 18 mg	100%	bla
itamin B6 (as 10 mg syridoxine hydrochloride)	500%	(fru
olate (as 600 mcg DFE olic acid) (360 mcg folic a	100% icid)	Enzy
itamin B12 (as 9 mcg nethylcobalamin)	321%	Gin (15
iotin 35 mcg	100%	xyla
antothenic Acid (as 10 mg alcium pantothenate)	143%	glu (61
holine (as choline 55 mg litartrate)	10%	phy alpi FIP
alcium (as 50 mg alcium citrate)	4%	Bac
on (as iron chelate) 27 mg	100%	Orga
dine (from kelp) 290 mcg	100%	Inosi
lagnesium (as 50 mg narine magnesium extract from sea water)	13%	Boro (as
inc (as zinc citrate) 13 mg	100%	†Dai

% DV for egnant & actating Women	Pr	% DV for egnant & actating Women	re La
100% ex)	Selenium (as 70 mcg selenium L-methionine comple	200%	
100%	Copper (as 1.3 mg copper chelate)	54%	
77%	Manganese (as 2 mg manganese citrate)	100%	
100%	Molybdenum (as 50 mcg molybdenum chelate)	50%	
t	Organic Rainbow 125 mg Superfoods Blend	100%	
	Organic spirulina, organic bee	571%	
	organic broccoli (plant), organ (leaf), organic spinach (leaf),	500%	
	blackberry (fruit), organic blu	100%	
	(fruit), organic carrot (root), or cranberry (fruit)	500%	
t	Enzyme and 32 mg Probiotic Blend	100% cid)	aci
ase	Ginger (root) juice extract, amy (150 DU†), protease (600 HUT†	321%	
Pt).	xylanase (80 XU†), maltase (4 [	100%	
	glucoamylase (0.4 AGU†), hemi (61 HCU†), beta-glucanase (0.2	143%	

Ginger (root) juice extract, amylase (150 DU†), protease (600 HUT†), xylanase (80 XU†), maltase (4 DP†), glucoamylase (0.4 AGU†), hemicellulase (61 HCU†), beta-glucanase (0.2 BGU†), phytase (0.04 FTU†), cellulase (24 CU†), alpha-galactosidase (4 GalU†), lipase (22 FIP†), lactase (7 ALU†), invertase (3 SU†), Bacillus coagulars MTCC 5856 (25 million CFU†)

Organic chlorella	25 mg	
Inositol	10 mg	
Boron (as boron glycinate)	1 mg	1

Daily Value (DV) not established.

1301 Sawgrass Corporate Parkway, Sunrise, FL 33323,