BODY DYNAMICS

Body Dynamics
Internal Cleansing Complex

This formula of herbs and vitamins cleanses the metabolic systems responsible for fat accumulation (colon, liver, kidneys, lymph system and blood). It also is designed to satisfy the appetite, as well as provide energy levels capable of allowing for a busy schedule and a diet program. Anyone desiring super health and well being should add these super foods to their daily diet.*

Suggested Usage:

To find the optimal dosage for your particular metabolic rate begin with (2) tablets; (1) with lunch and (1) with diner for 3 days. For the next 3 days, take (4) tablets; (2) with lunch and (2) with dinner. On the 7th day take (6) tablets, (3) with each meal for 3 more days. Increase up to (8) per day, (4) with lunch and (4) with dinner, until you experience normal bowel movements each day. Decrease by 1-2 tablets per day if stool becomes too loose or too hard. To curb your appetite, take 30 minutes before a meal.

NOT USE IF SAFETY SEAL IS BROKEN OR MISSING KEEP OUT OF REACH OF CHILDREN

Orug Administration. This product is not intended to the food and to diagnose, treat, cure or prevent any disease.

Body Dynamics, Inc.

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1-800-MEGA-916 www.bodydynamics.com Rev. #6004-2-12-22





DIETARY SUPPLEMENT

MEGA WELLNESS CLEANSE

INTERNAL CLEANSING COMPLEX



GLUTEN FREE 240 CAPLETS

CLEANSING FOR THE COLON, LIVER, KIDNEYS, LYMPH SYSTEM, LUNGS AND SKIN. Supplement Facts

Serving Size 4 Caplets Servings Per Container 60

Vitamin B-6 hydrochloride (as pyridoxine)

Chromium (as chromium polynicotinate)

Ioomcg
82%

Iodine (from Kelp)

Proprietary Blend
Spirulina, Bee Pollen, Organic Wheat Grass, Cascara Sagrada Bark, Red Clover, Aloe Leaves, Angelica Root, Green Tea Extract, Burdock Root, Cubeb Berries, Juniper Roots

Nettle Leaf, Chlorella, Rhubarb Root, Ginger Root, Licorice Root, Bayberry Root Bark, Alfalfa Leaves, Hops Flowers, Dandelion Root, Dandelion Leaf, Milk Thistle Seed Extract, Skullcap Herb, Organic Barley Grass.

Berries, Parsley Leaves, Sarsaparilla Root, Fennel Seeds,

Percent Daily Values (DV) not established

OTHER INGREDIENTS: Dacalcium Phosphate, Cellulose, Vegetable Powder, Ctearic Acid, Magnesium Stearate (vegetable source), Silica.

NOTE: This product contains cascara sagrada and thubarb root. Read the following directions diarrhea, loose stools, abdominal pain, or other frequent diarrhea or if you are pregnant or nursing. The same disarrhea or if you are pregnant or nursing.

