Body Dynamics

Dynamic Energy provides a broad range of nutrients and natural energizers which have been shown to optimize and augment different aspects of your metabolism to maximize the sheer power, and endurance you need for your exercise program and daily activities."

Rhodiola Rosea Extract The main ingredient in Dynamic thergy has been shown to be effective for improving mood and alleviating depression. It improves both physical and mental performance. The effects attained by this herb are attributed to its ability to optimize serotonin and dopamine levels.*

Acai Berry The benefits of the acai berry include its anti-inflammatory, antibacterial, antioxidant and antimutagenic properties.
It has been known to be beneficial to the cardiovascular system.
Acai contains Acai contains omega-3, omega-6 as well as omega-9 which aid in lowering "bad" cholesterol.*

Mangosteen is a dark purple fruit from Canada and Hawaii. It contains xaonthones. Xanthones have been found to support and enhance the body's immune system. Mangosteen has also been found to have anti-inflammatory, antimicrobial, antifungal, and antiseptic properties. antiseptic properties.*

*These statements have not been evaluated by the Food diagness Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

DO NOT USE IF SAFETY SEAL IS BROKEN OR MISSING
KEEP OUT OF REACH OF CHILDREN

BODY DYNAMICS





ENERGY AND FOCUS

Alma, Rhodiola Rosea, Acai Mangosteen, Goji, and Noni



90 CAPSULES



Supplement Facts

Serving Size 3 Capsules Servings Per Container 30

Amount Per Servings

Rhodiola Rosea Extract 300 mg Proprietary Herbal Blend 685 mg

Maca Root Extract, Cha de Burge Leaf Powder, Acai (Cabbage Palm) Fruit Powder, Astragalus Root Extract, Eleuthero Root

Extract, Goji (Lycium) Fruit Powder, Green Tea Leaf Extract, Mangosteen Fruit Powder, Noni fruit Extract, Asian (Panax

Ginseng) Root Extract, Pomagranite Seed Extract, Schizandra Fruit Extract, Sea Buckthorn Fruit Juice Powder

Percent Daily Values (DV) not established

OTHER INGREDIENTS:

Hydroxypropyl Methylcellulose, Microcrystalline (Ellulose, Silicon Dioxide and Magnesium Stearate.

SUGGESTED USAGE:

Take (1) to (3) capsules per day as needed for energy and well being. For best results take after a small meal 30 minutes prior to physical activity.

Formulated and Distributed by: Body Dynamics, Inc. Carrollton, TX 75007

1-800-MEGA-910 www.bodydynamics.com

