

USAGE: Mix ½ teaspoon (approximately 2 grams) into 6 to 8 oz. of fluid and drink when stomach is empty or as directed by your qualified healthcare professional. For athletes, maximal results will be obtained by supplementing with 2 grams of glutamine after exercise.

NOTE: If you have a medical condition, are pregnant, lactating, trying to conceive, or taking medications (including psychotropic medications), consult your qualified healthcare professional before using this product.

L-Glutamine – the most abundant amino acid in the human body – is involved in many metabolic processes, including the synthesis and protection of muscle tissue, the production of glycogen and immune support during periods of immune and muscular stress.* L-Glutamine is also a major source of fuel for enterocytes (intestinal cells) and hence supports the integrity of the intestinal lining.*

Keep out of the reach of children.

These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Jarrow
F O R M U L A S[®]

Pharmaceutical Grade L-Glutamine

L-Glutamine

Supports Muscle Tissue* &
Immune Function*

NET WEIGHT

35.3 oz (1000 g)
POWDER

**DIETARY
SUPPLEMENT**



Supplement Facts

Serving Size ½ teaspoon (approximately 2 grams)

Servings Per Container 500

	Amount Per Serving	% DV
L-Glutamine	2 g	*

* Daily Value not established.

Jarrow Formulas[®] L-Glutamine is manufactured by microbiological fermentation. This product is 100% L-Glutamine and contains NO other substance. Store in a cool, dry place. DO NOT refrigerate.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Suitable for vegetarians/vegans.

Packaged by weight, not by volume.

Distributed Exclusively by:
Jarrow FORMULAS[®]
Superior Nutrition and FormulationSM
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www.Jarrow.com

09313GMKILO

PROD # 115035



Lot #. Best Used Before

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