## Flex-a-min® Triple Strength nourishes and supports joints.\* When used daily. Flex-a-min® Triple Strength can provide long-term nourishment for your joint cartilage, especially for joints that may be occasionally stressed from everyday wear and tear, such as the knees.\*

Bone Shield contains a natural form of Vitamin K2, important for bone health but not readily found in the diet.\* Vitamin K2 works by activating enzymes responsible for bone formation — helping to maintain bone mass and strength.\*

**Directions:** For adults, take two (2) caplets daily, preferably with a meal. Take this product with plenty of fluids. For best results, take the full dosage of Flex-a-min® daily.

No Artificial Flavor or Sweetener, No Preservatives, No Sugar, No Gluten. No Wheat, No Yeast,

WARNING: If you are pregnant, nursing, taking any medications, including blood thinners, or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing. Aflapin™ - A proprietary joint care ingredient which shows improvement in joint comfort within 7 days.\*

 This statement is based on two human studies of Aflapin™ using subjective measures in which participants rate their joint health. In these studies, after 7 days, improvement continued to be seen, including in biomarker analysis.

Aflapin™ is a trademark of Laila Nutraceuticals, India. International patents pending.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Individual Results May Vary.



## **Supplement Facts**

Servings Per Container 40

Amount Per Serving		%Dail	y Value
Calories	10		
Total Carbohydrate	2	g	1%*1
Vitamin C (as Ascorbic Acid)	200	mg	333%
Vitamin D (as D3 Cholecalciferol)	1,000	IU	250%
Vitamin K (as K2 Menaquinone)	20	mcg	25%
Calcium (as Calcium Carbonate)	200	mg	20%
Sodium	25	mg	1%
Glucosamine HCI	1,500	mg (1.5 g)	***
Bone Shield Proprietary Blend	740	mg	**1
Chondroitin Sulfate, MSM Complex	600	mg	**1
Chondroitin Sulfate, MSM (Methylsulfonylme	thane), Collage	n (Hvdrolyzed)	Gelatin)
Hyaluronic Acid Blend	40	mg	***
(Calcium Silicate and Sodium Hyaluronate) Aflapin™ Boswellia serrata Extract (resin)	100	mg	***

\*\*Percent Daily Values are based on a 2,000 calorie die \*\*\*Daily Value not established. Other Ingredients: Vegetable Cellulose, Povidone, Contains <2% of: Natural Caramel Color, Natural Palm Leaf Glaze, Titanium Dioxide Color, Vegetable Magnesium Stearate,

Contains milk, soy and shellfish (shrimp, crab, lobster, crayfish) ingredients.

Visit Us On the Web www.flexamin.com For More Information on Flex-a-min®

Call 1-800-255-8490 Formulated and Manufactured by NATURE'S BOUNTY INC Bohemia, NY 11716 U.S.A. @ 2013 Nature's Bounty, Inc.

