

Calcium is the primary mineral responsible for strong bones and teeth.* Vitamin D3 assists in Calcium absorption and also supports a healthy immune system.*

**Adequate Calcium throughout life, as part of a well-balanced diet, may reduce the risk of osteoporosis.

No Artificial Flavor, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.



 Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

For educational health tips and to join our money saving Healthy Rewards™ program, visit
www.NaturesBounty.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Prod. No. 13437 B19927 08E

NATURE'S BOUNTY®

**LIQUID FILLED
ABSORBABLE**

Calcium
1200mg | Plus 1000 IU
Vitamin D3
Per Serving

**Promotes
Bone Health***

**May Reduce the Risk
of Osteoporosis****

**RAPID RELEASE
LIQUID SOFTGEL**



100 softgels

MINERAL SUPPLEMENT

DIRECTIONS: For adults, take two (2) softgels daily, preferably with a meal.

Supplement Facts

Serving Size 2 Softgels
Servings Per Container 50

Amount Per Serving	%Daily Value	
Calories	15	
Calories from Fat	10	
Total Fat	1 g	2%***
Vitamin D (as D3 Cholecalciferol)	1,000 IU	250%
Calcium (as Calcium Carbonate)	1,200 mg (1.2 g)	120%

***Percent Daily Values are based on a 2,000 calorie diet.

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Soy Lecithin. **Contains <2% of:** Beeswax, Corn Oil, Sorbitol, Titanium Dioxide Color.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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