

TARGETED SUPPORT®



SeekingHealth®

Optimal Electrolyte

Supports Hydration & Energy‡

Seltzer

Dietary Supplement

30 STICK PACKS 7.00 G (0.25 OZ)/ea.
NET WT 210 G (7.41 OZ)

Supplement Facts

Serving Size: 1 Stick Pack (7.00 g)
Servings Per Container: 30

	Amount Per Serving	%DV
Calories	15	
Total Carbohydrate	4 g	1%†
Total Sugars	2 g	
Includes 2g added sugars	2 g	4%
Niacin (as inositol hexanicotinate)	25 mg	156%
Magnesium (as DiMagnesium Malate and magnesium creatine chelate§)[Creatine MagnaPower™]	150 mg	36%
Sodium (as sodium bicarbonate)	140 mg	6%
Potassium (as potassium bicarbonate)	510 mg	11%
D-Ribose	2 g	*
Taurine	250 mg	*
Creatine (as magnesium creatine chelate§) [Creatine MagnaPower™]	225 mg	*

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

*Daily Value not established.

Other Ingredients: Malic acid and calcium silicate.

Find Other Effective Health Products At
www.seekinghealth.com

Manufactured for and Distributed by:

Seeking Health, LLC
3140 Mercer Ave
Bellingham, WA 98225
(800) 547-9812

ELYTE-U30-PACK REV. 101320



HYDRATION

Hydrate and replenish electrolytes during workouts, after training, or on the go!‡



ENERGY

Maintain healthy energy levels without the crash.‡



PERFORMANCE

Feed your muscles for peak performance, strength, and recovery.‡



METABOLISM

Support your body's metabolic processes with nutrients for food-to-fuel conversion.‡

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



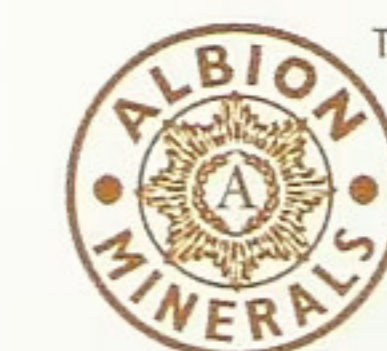
SUGGESTED USE: Add the contents of one stick pack to 8 ounces of purified water. Stir or shake until dissolved. Do not take within 5 hours of bedtime as it may interfere with sleep.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if stick pack is damaged.

STORAGE: Keep unopened stick packs in a cool, dry place until use. To help reduce clumping, consider refrigeration.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, or artificial colors.

Optimal Electrolyte Meets or Exceeds cGMP Quality Standards.



§ Albion™, Creatine MagnaPower™, and the Albion Gold Medallion design are trademarks of Albion Laboratories, Inc.

