

**SUGGESTED USE:** Add 1 scoop to 8 ounces of purified water. Do not take within 5 hours of bedtime as it may interfere with sleep.

Children and pregnant or lactating women should consult their healthcare professional prior to use. Do not use if tamper seal is damaged.

**STORAGE:** Keep tightly closed in a cool, dry place. To help reduce clumping, consider refrigeration.

**DOES NOT CONTAIN:** Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, or artificial flavors.

**Optimal Electrolyte Meets or Exceeds cGMP Quality Standards.**

 § Albion™, Creatine MagnaPower™, and the Albion Gold Medallion design are trademarks of Albion Laboratories, Inc.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



T A R G E T E D   S U P P O R T ®



SeekingHealth®

**Optimal Electrolyte**

Supports Hydration & Energy†

**Orange**

**Dietary Supplement**

**NET WT 244 G (8.61 OZ)**

## Supplement Facts

Serving Size: 1 Scoop (8.12 g) / Servings Per Container: 30

|                                                                                                      | Amount Per Serving | DV%  |
|------------------------------------------------------------------------------------------------------|--------------------|------|
| Calories                                                                                             | 20                 |      |
| Total Carbohydrates                                                                                  | 4 g                | 1%†  |
| Total Sugars                                                                                         | 2 g                |      |
| Includes 2g added sugars                                                                             | 2 g                | 4%   |
| Niacin (as inositol hexanicotinate)                                                                  | 25 mg              | 156% |
| Magnesium [as DiMagnesium Malate and magnesium creatine chelate <sup>§</sup> (Creatine MagnaPower™)] | 150 mg             | 36%  |
| Sodium (as sodium bicarbonate)                                                                       | 140 mg             | 6%   |
| Potassium (as potassium bicarbonate)                                                                 | 510 mg             | 11%  |
| D-Ribose                                                                                             | 2 g                | *    |
| Taurine                                                                                              | 250 mg             | *    |
| Creatine [as magnesium creatine chelate <sup>§</sup> (Creatine MagnaPower™)]                         | 225 mg             | *    |

†Percent Daily Values (DV) are based on a 2,000 calorie diet.

\*Daily Value not established.

**Other Ingredients:** Malic acid, natural flavors, calcium silicate, monk fruit extract, beta-carotene, and natural coloring.

Find Other Effective Health Products At  
[www.seekinghealth.com](http://www.seekinghealth.com)

**Manufactured for and Distributed by:**

Seeking Health, LLC

3140 Mercer Ave

Bellingham, WA 98225

(800) 547-9812

ELYTE-030S-POW

REV. 101920

