SUGGESTED USE: Take 2 capsules as needed, with or without food, or use as directed by your healthcare professional.

CAUTIONS: Consult your healthcare professional before use, especially if you are pregnant or nursing. Keep out of reach of children. Contains ingredient derived from porcine (pig). Avoid if allergic to pork or any other ingredient. Histamine Block is NOT EFFECTIVE for symptoms of immune-related (antibody or IgE-related) food allergies, such as peanuts, shellfish, etc., or for gluten intolerance due to sensitivity or celiac disease.

STORAGE: Keep tightly closed in a cool, dry place.

Histamine Block Plus nutritionally supports healthy histamine metabolism throughout the body. The DAO enzyme and copper in this formula support normal histamine breakdown in the digestive tract. SAMe, riboflavin, and additional nutrients support histamine metabolism found systemically.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DOES NOT CONTAIN: Milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, soy, gluten, GMO, artificial colors, or artificial flavors.

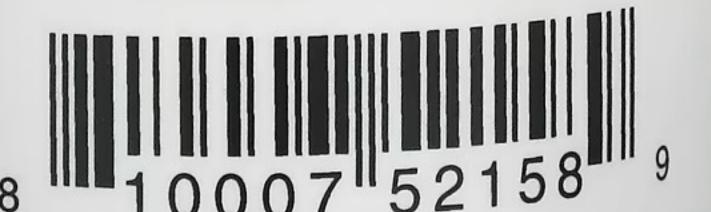
Histamine Block Plus Meets or Exceeds cGMP Quality Standards.

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MANUFACTURED IN THE USA FROM GLOBALLY SOURCED INGREDIENTS THIRD-PARTY INDEPENDENTLY TESTED



TARGETED SUPPORT®



SeekingHealth®

## Histamine Block Plus

Dietary Supplement

**60 CAPSULES** 

## Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount	Per Serving	%DV
Vitamin C (as ascorbic acid)	100 mg	111%
Thiamin (as thiamine hydrochloride)	20 mg	1,667%
Riboflavin (as riboflavin 5'-phosphate sodium)	10 mg	769%
Niacin	25 mg	156%
Vitamin B6 (as pyridoxal 5'-phosphate)	7 mg	412%
Pantothenic Acid (as d-calcium pantothenate)	10 mg	200%
Magnesium (as DiMagnesium Malate§)	50 mg	12%
Zinc (as zinc gluconate)	5 mg	45%
Copper (as copper gluconate)	0.5 mg	56%
Alpha-Ketoglutaric Acid	150 mg	*
SAMe (as disulfate ptoluensulfonate)	100 mg	*
PQQ (as LifePQQ™ pyrroloquinoline quinone disodium salt)	7 mg	*
DA02™ porcine kidney extract (Diamine Oxidase Activity 5,000 HDU)	2.1 mg	*
*Daily Value (DV) not established.		

Other Ingredients: Vegetarian capsule (hypromellose, water, and gellan gum), microcrystalline cellulose, ascorbyl palmitate, and silica.

Find Other Effective Health Products At Www.seekinghealth.com

HISTAP-60-CAPS REV. 022221

Manufactured for and Distributed by:

Seeking Health, LLC 3140 Mercer Ave Bellingham, WA 98225 (800) 547-9812

