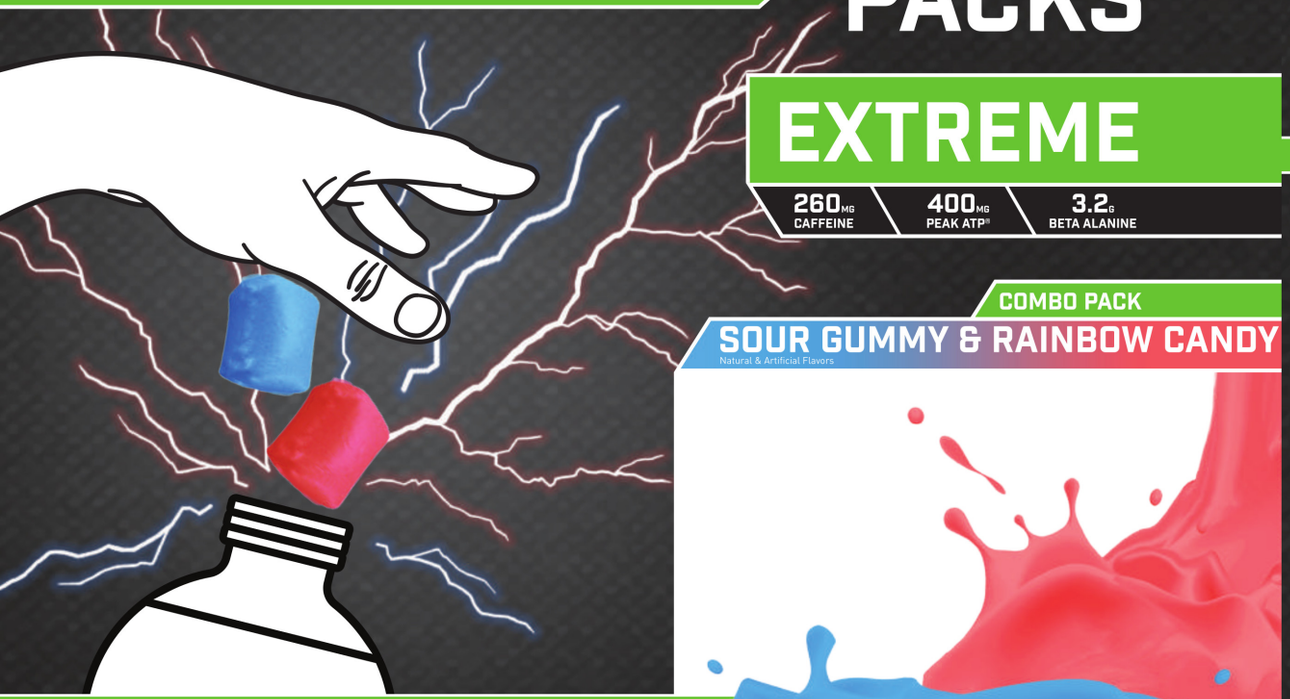
PRE

VADE® NUTRITION

DISSOLVABLE PRE-WORKOUT PACKS

on-the-go single servings



EXTREME

260MG CAFFEINE	400MG PEAK ATP®	3.2G BETA ALANINE

COMBO PACK

SOUR GUMMY & RAINBOW CANDY

Natural & Artificial Flavors

TOSS. SHAKE. ENJOY.®

DIETARY SUPPLEMENT
NET WT 0.44lb (198g)
14 SERVINGS

PRE

COMBO PACK 7 SOUR GUMMY WORM 7 RAINBOW CANDY

POWERED BY PEAK ATP®

147%	30%	24%	100%
Increase in strength*	Increase in power*	Increase in reps*	Increase lean body mass*

Take your workouts to the next level with VADE Extreme Pre-Workout. Packed with 400mg of adenosine 5'-triphosphate disodium it enhances strength and muscle performance, so you can achieve more with less fatigue. Reach extreme goals with VADE's time-release formula to boost muscle power output and improve blood flow so you can get the most out of your workout!

3.2G BETA ALANINE
Builds lean muscle and decreases muscle fatigue*

260MG TIME RELEASE CAFFEINE
Increases energy and performance*

400MG PEAK ATP®
Improves blood flow*

1.5G NITROSIGINE®
Increased Nitric Oxide and Muscle Pump*

As effective as 8g of citrulline malate*

Supplement Facts

Serving Size 2 Sour Gummy Worm Pre-Workout Packs (14.3g)
Servings per Container 7

Amount Per Serving		% Daily Value*
Calories	10	
Sodium	30mg	1%
Total Carbohydrate	<1g	<1%
Thiamin	2mg	170%
Niacin	20mg	130%
Vitamin B6	2mg	120%
Folate DFE	262mcg	70%
Vitamin B12	9mcg	375%
CarnoSyn® Beta-Alanine	3.2g	*
Creatine Monohydrate	2.5g	*
Betaine Anhydrous	1.5g	*
Nitrosigine® (Inositol-stabilized Arginine Silicate)	1.5g	*
L-Tyrosine	500mg	*
Taurine	500mg	*
N-Acetyl-Carnitine HCl	500mg	*
Peak ATP® (adenosine triphosphate disodium)	400mg	*
Caffeine (as caffeine anhydrous + green tea extract)	260mg	*
Bioperine® Black Pepper Fruit Extract	5mg	*

*Percent daily values are based on a 2,000 calorie diet.

Supplement Facts

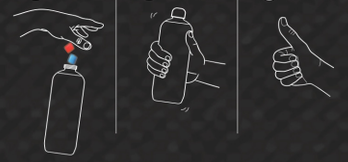
Serving Size 2 Rainbow Candy Pre-Workout Packs (14g)
Servings per Container 7

Amount Per Serving		% Daily Value*
Calories	10	
Sodium	30mg	1%
Total Carbohydrate	2g	1%
Thiamin	2mg	170%
Niacin	20mg	130%
Vitamin B6	2mg	120%
Folate DFE	262mcg	70%
Vitamin B12	9mcg	375%
CarnoSyn® Beta-Alanine	3.2g	*
Creatine Monohydrate	2.5g	*
Betaine Anhydrous	1.5g	*
Nitrosigine® (Inositol-stabilized Arginine Silicate)	1.5g	*
L-Tyrosine	500mg	*
Taurine	500mg	*
N-Acetyl-Carnitine HCl	500mg	*
Peak ATP® (adenosine triphosphate disodium)	400mg	*
Caffeine (as caffeine anhydrous + green tea extract)	260mg	*
Bioperine® Black Pepper Fruit Extract	5mg	*

*Percent daily values are based on a 2,000 calorie diet.

instructions for use

Add two (2) Dissolvable Pre-Workout Packs to 6-10 oz of water and mix until blended. Drink 15-30 minutes before working out.



warnings

This beverage is intended to be consumed as a beverage after being dissolved in liquid. Do not eat, ingest or swallow whole. Store in a cool dry place. KEEP OUT OF REACH OF CHILDREN.
THIS PRODUCT IS ONLY INTENDED FOR HEALTHY ADULTS 18 YEARS OF AGE OR OLDER.
Do not use if pregnant, nursing, currently taking PDE5 inhibitors or nitrates for chest pain. Before taking this product, consult a licensed, qualified health care professional, especially if you are taking any other dietary supplement, prescription drug or over the counter medication; or if, you suspect you have been treated for, diagnosed with, or have a family history of, any medical condition. This product contains caffeine and should not be used in combination with caffeine or stimulants from other sources. Discontinue use 2 weeks prior to surgery. Immediately discontinue use and contact a medical doctor if you experience any adverse reaction to this product.

Serving size and servings per bag may vary slightly.

*These statements have not been approved by the food and drug administration. This product is not intended to diagnose, cure, or prevent any disease.

Required Prop 65 Text For California Residents Only:

WARNING: This product can expose you to chemicals which are known to the State of California to cause cancer or reproductive toxicity.

PATENT PENDING

Sour Gummy Worm Ingredients

Citric acid, Natural and artificial flavors, Sucralose, Acesulfame potassium, Inulin, Malic acid, FD&C Blue #1 Aluminum Lake, Polyvinyl alcohol, Propylene glycol, Cellulose gum, Glycerin, Water, Xylitol, Sorbitol, Polysorbate 80

Rainbow Candy Ingredients

Inulin, Natural and artificial flavors, Citric acid, Sucralose, Acesulfame potassium, FD&C Red #40 Aluminum Lake, Polyvinyl alcohol, Propylene glycol, Cellulose gum, Glycerin, Water, Xylitol, Sorbitol, Polysorbate 80

Nitrosigine® CarnoSyn® Carnosine Synthesizer

Nitrosigine,® including the Nitrosigine® logo, is a registered trademark of Nutrition 21, LLC. Nitrosigine® is patent protected.

PEAK ATP® BioPerine®

Uses of ATP are licensed to Vade Nutrition under U.S. Patent 7,629,329

FAMILY OWNED & OPERATED
MANUFACTURED BY VADE NUTRITION
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MADE IN USA
This product contains ingredients with domestic and international origin.

VADE® NUTRITION
vadenutrition.com

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