

BESEVEN®

25G
PROTEIN
PROTEIN SHAKE

SHAKE WELL
TEAR HERE

GHOST

CEREAL MILK

CEREAL MILK
NATURAL & ARTIFICIAL FLAVOR
PROTEIN SHAKE
12 FL OZ (355 mL)

160
CALORIES
PER BOTTLE

CONTAINS NO MILK / INCLUDES MILK PROTEINS

NOTICE: USE THIS PRODUCT AS A FOOD SUPPLEMENT ONLY. DO NOT USE FOR WEIGHT REDUCTION.

GLUTEN
FREE

SOY
FREE

25G
PROTEIN

NUTRITION FACTS

Serving Size:	1 Bottle
Amount Per Serving	
CALORIES	160
	% Daily Value**
Total Fat 4g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 270mg	12%
Total Carbohydrate 5g	2%
Dietary Fiber 1g	4%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Protein 25g	50%
Vitamin D 0mcg	0%
Calcium 50mg	2%
Iron 0mg	0%
Potassium 370mg	6%

** The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: FILTERED WATER, MILK PROTEIN ISOLATE, WHEY PROTEIN CONCENTRATE, NATURAL AND ARTIFICIAL FLAVOR, HIGH OLEIC SUNFLOWER OIL, CELLULOSE GEL, CELLULOSE GUM, SUNFLOWER LECITHIN, SODIUM PHOSPHATE, POTASSIUM CHLORIDE, LOCUST BEAN GUM, GELLAN GUM, SEA SALT, POTASSIUM CITRATE, ALCESULFAME POTASSIUM, SUCRALOSE
CONTAINS: MILK (DERIVED PROTEINS)

GHOST® PROTEIN	AMOUNT PER BOTTLE
Milk Protein Isolate	17.65g Delivering 15g Protein
Whey Protein Concentrate	13g Delivering 10g Protein

MANUFACTURED FOR GHOST BEVERAGES LLC
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1-844-GHOST-88 (446-7888)

THIS PRODUCT DOES NOT CONTAIN CEREAL PIECES.

DO NOT USE IF SEAL IS BROKEN.
SHAKE WELL BEFORE SERVING.
REFRIGERATE AFTER OPENING.
CONSUME WITHIN 7 DAYS AFTER OPENING.
NOT FOR USE AS INFANT FORMULA.

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CA CRV
ME-HI 5c, OR 10c



*NOT A LOW CALORIE FOOD. SEE NUTRITIONAL INFORMATION FOR CALORIE AND SUGAR CONTENT.

