

PRODUCT BENEFITS: As a phytochemical that can also be found in Japanese green tea, L-Theanine is a nonessential amino acid that can support the mood centers in the brain.*

Directions: For adults, take one (1) capsule two times daily, preferably with meals or follow the advice of your health care professional. You may also take two capsules in one serving. As a reminder, discuss the supplements and medications you take with your health care providers.

***These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.**

PROD. NO. 12882

To refill please call 1-800-765-6775
or visit www.physiologics.com

Carefully Manufactured by PhysioLogics, LLC
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Physio**Logics**®

L-Theanine
100 mg

**Supports Mood Centers
in the Brain***

Dietary Supplement
60 Capsules

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	%Daily Value
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L-Theanine	100 mg	**
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**Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Dicalcium Phosphate, Gelatin. **Contains <2% of:** Magnesium Silicate, Silica, Vegetable Magnesium Stearate.

FREE OF: artificial color, artificial flavor, artificial sweetener, preservatives, sugar, starch, milk, lactose, soy, gluten, wheat, yeast, fish, sodium.

TAMPER RESISTANT: Do not use if seal under cap is broken or missing.

KEEP OUT OF REACH OF CHILDREN.

Store at room temperature and avoid excessive heat.

WARNING: If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**Laboratory Tested to Guarantee Quality
For Health Care Professional Use Only**

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