

XTEND



PRO WHEY ISOLATE

100% WHEY PROTEIN ISOLATE^o

25G

PROTEIN*

7G

BCAA**

per Serving

Vanilla Ice Cream
NATURALLY FLAVORED

10 SERVINGS

NET WT. 2.27 kg (5 lb)

DIETARY SUPPLEMENT

PROUDLY
MADE WITH
NATURAL
FLAVORS



THE OFFICIAL RECOVERY BRAND OF CHAMPIONS.[†]

Faster recovery is key to better results. For over 10 years, **XTEND®** has been using branched-chain amino acids (BCAAs) to make the best recovery products on the planet. **XTEND® PRO** combines all the incredible benefits of BCAAs with ultra-pure whey protein isolate to help maximize muscle recovery, retention, and growth. With fewer than 150 calories and only a few grams of carbs per serving, **XTEND® PRO** is a BCAA-enhanced protein unlike anything else on the market.[†]

If you want to build muscle and support muscle recovery, it's essential that you consume sufficient quality protein every day through nutrition and supplementation. The whey protein isolate in **XTEND® PRO** is an extremely clean, bioavailable source of protein, selected specifically to support your fitness goals. The added BCAAs make **XTEND® PRO** a recovery powerhouse. Packing 25 grams of protein and 7 total grams of BCAAs per serving, **XTEND® PRO** is engineered for incredible results.[†]

WHEN TO TAKE XTEND® FOR BEST RESULTS:

PRE
WORKOUT



XTEND®
ENERGY

INTRA
WORKOUT



XTEND®
ORIGINAL

POST
WORKOUT



XTEND®
PRO

Combine with any **XTEND®** branded product every day, even on rest days, to help maximize your recovery.[†]

THE WORLD'S

#1

BCAA BRAND[†]

SUPPLEMENT FACTS

Serving Size: 1 Level Scoop (32.4 g)
Servings Per Container: 70

	Amount Per Serving	%DV
Calories	110	
Calories from Fat	0	
Total Fat	0 g	0%*
Saturated Fat	0 g	0%*
Cholesterol	<5 mg	1%
Total Carbohydrate	2 g	<1%*
Dietary Fiber	0 g	0%*
Sugars	1 g	**
Protein	25 g	50%*
Calcium	120 mg	12%
Sodium	170 mg	7%
Potassium	220 mg	6%
Branched-Chain Amino Acids (BCAAs) [from Whey Protein Isolate, L-Leucine, L-Valine, L-Isoleucine]	7g	**

*Percent Daily Values (%DV) based on a 2,000 calorie diet.
**Daily Value (DV) not established.

Ingredients: Instantized Whey Protein Isolate (Whey Protein Isolate, Sunflower Lecithin), Natural Flavors, L-Leucine, L-Valine, L-Isoleucine, Guar Gum, Salt (Sodium Chloride), Sucralose, Xanthan Gum, Acesulfame Potassium.
CONTAINS: MILK

Warning: This product is intended for healthy adults, 18 years of age or older. Do not use if pregnant or nursing. Consult a licensed, qualified, healthcare professional before taking this or any dietary supplement product, especially if you are taking medication or have a medical condition. Discontinue use 2 weeks prior to surgery. Use only as directed. Do not use if the safety seal is broken or missing. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place. This product is sold by weight, not volume. The density of the powder varies, and significant settling of powder may occur during shipping and handling. This product contains the servings indicated when measured by weight.

Notice: Use this product as a supplement only. Do not use for weight reduction.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

*7 g Total BCAA from WPI & Added Amino Acids

^o100% of Whey Protein from Whey Protein Isolate (WPI)

[†]Based upon cumulative global sales of all XTEND® branded BCAA products from 2004 to present.

Typical Amino Acid Profile of WPI used in XTEND® PRO

Amino Acid	% Amino Acid/100 g WPI
Alanine	4.6
Arginine	2.0
Aspartic Acid	11.1
Cysteine/Cystine	2.4
Glutamic Acid	17.5
Glycine	1.4
Histidine	1.7
Isoleucine	6.7
Leucine	10.5
Lysine	9.7
Methionine	2.0
Phenylalanine	3.0
Proline	5.6
Serine	4.1
Threonine	6.8
Tryptophan	2.0
Tyrosine	3.1
Valine	5.7



Contents Tested & Certified



Recommended Use: As a dietary supplement, mix each serving in 8 fl. oz. of water or beverage of choice and shake well. On training days, consume directly following exercise. On non-training days, consume first thing in the morning. For best results, consume daily.

Made in the U.S.A. using strategically sourced domestic and imported ingredients and components.

XTEND®

Manufactured for: Nutrabolt®
3891 S. Traditions Dr.
Bryan, TX 77807
1.866.996.3489
www.scivation.com

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