

VITAMINS TO GO®

Specially Formulated for
WOMEN

**VITAMINS
TO GO®**

Each Sundown VITAMINS TO GO® Packet For Women includes these important nutrients:

- The Antioxidants **Beta Carotene, Vitamins E and C*****
- **Calcium** for bones and **Vitamin D** to promote calcium absorption***
- **B-Maxi Complex**

Sundown Vitamins to Go® is specially formulated to support:

- Strong bones***
- Healthy heart and circulation***
- Immune system***
- Healthy skin***
- Proper metabolism***
- Antioxidant support***

Questions? Call toll free 1-888-VITAHELP (848-2436), or visit us at www.sundownnutrition.com

Manufactured by SUNDOWN, INC.
Boca Raton, FL 33487 USA

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

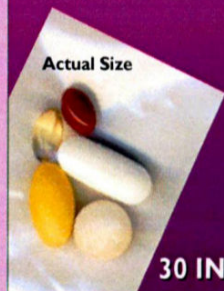
**30 INDIVIDUAL
DAILY PACKETS**

Sundown

**VITAMINS
TO GO®**

Specially Formulated for
WOMEN

Actual Size



Complete with:

- The Antioxidants **Beta Carotene, Vitamins E & C*****
- **Calcium** for bones and **Vitamin D** to promote calcium absorption***
- **B-Maxi Complex**

30 INDIVIDUAL DAILY PACKETS

DIETARY SUPPLEMENT

BENEFITS

**VITAMINS
TO GO®**

Sundown VITAMINS TO GO® makes it easy to stay healthy.*** No need to guess the right dosage and no need to buy and store several different bottles. You have most of your nutrient needs in one convenient packet.

Sundown VITAMINS TO GO® is perfect for anyone on the go. It is great for the daily morning rush, travelers, handy for office, school or sports. Just take along the number of packets you will need and put them in your pocket, purse or briefcase.

Sundown VITAMINS TO GO® for Women is a special combination of many nutrients women need to support good health.***

KEEP OUT OF REACH OF CHILDREN.
STORE IN A DRY PLACE AND
AVOID EXCESSIVE HEAT.
TAMPER RESISTANT: DO NOT USE IF
OUTER WRAP IS TORN OR MISSING.

**30 INDIVIDUAL
DAILY PACKETS**

**Sundown's Vitamin E 100 IU
(1 Softgel):**

Vitamin E is an antioxidant that helps promote a healthy heart.*** It helps fight cell-damaging free radical damage that may lead to premature aging and works with Vitamin C and Beta Carotene to provide antioxidant support.*** Vitamin E helps maintain a healthy circulatory system and is an essential nutrient important for health.***

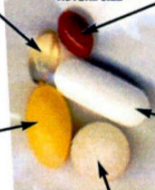
**Sundown's B-Maxi Complex
(1 Tablet):**

The B Complex Vitamins are essential in maintaining healthy nerves, skin and muscles.*** They are required for the proper metabolism of carbohydrates, fats and proteins.***

Sundown's C-500 DV All Inclusive Complex (1 Tablet):

Vitamin C is essential for the growth and maintenance of tissues and organs.*** Vitamin C acts as an antioxidant to help support healthy cells and body systems.*** Vitamin C is vital to the production of collagen and provides the support necessary for proper cardiovascular function.***

ACTUAL SIZE



**Sundown's Beta Carotene
(1 Softgel):**

As a source of Vitamin A, this important antioxidant helps support cellular health.*** It contributes to healthy eyes and skin.*** Beta Carotene also promotes immune function.***

**Sundown's Calcium 600 + D
(1 Tablet):**

Calcium promotes strong bones and healthy teeth.*** It is required for proper transmission of nerve impulses and heart beat regulation.*** Calcium is an important factor in blood clotting.*** Vitamin D helps enhance calcium absorption.***

Supplement Facts

Serving Size 1 Packet

Amount Per Serving		%Daily Value
Calories	5	
Total Carbohydrate	<1 g	<1%*
Vitamin A (100% as Beta Carotene)	10,000 IU	200%
Vitamin C (as Ascorbic Acid)	300 mg	500%
Vitamin D (as Cholecalciferol)	125 IU	31%
Vitamin E (as d-Alpha Tocopheryl Acetate)	100 IU	333%
Thiamin (Vitamin B-1) (as Thiamin Mononitrate)	15 mg	1,000%
Riboflavin (Vitamin B-2)	17 mg	1,000%
Niacin (as Niacinamide)	200 mg	1,000%
Vitamin B-6 (as Pyridoxine Hydrochloride)	20 mg	1,000%
Folic Acid	400 mcg	100%
Vitamin B-12 (as Cyanocobalamin)	60 mcg	1,000%
Pantothenic Acid (as d-Calcium Pantothenate)	100 mg	1,000%
Calcium (as Calcium Carbonate, Dicalcium Phosphate and Calcium Sulfate)	660 mg	66%
Phosphorus (as Dicalcium Phosphate)	40 mg	4%
Sodium	10 mg	<1%
Bioflavonoid Blend	34 mg	
Rose Hips and Seeds** Citrus Bioflavonoids (Citrus aurantium) (fruit) and (Citrus limon) (fruit)**		
Choline Bitartrate** Para-Aminobenzoic Acid (PABA)** Inositol**	2 mg	

*Percent Daily Values are based on a 2,000 calorie diet.
**Daily Value not established.

Other Ingredients: Cellulose (Plant Origin), Soybean Oil, Cross-cellulose, Gelatin, Glycine, Cellulose Gum, Calcium Silicate, Corn Oil, Vegetable Magnesium Stearate, Yellow Beeswax, Salicylic Acid, Titanium Dioxide, Color, Soy Lecithin, PEG, Sodium Citrate, Polyethylene Glycol, FD&C Yellow No. 6 Lake.

DIRECTIONS: FOR ADULTS, TAKE ONE (1) PACKET DAILY, PREFERABLY WITH A MEAL. Calcium and other minerals can affect the absorption of many medications. Do not take this product within 2 hours of taking medications, or follow the advice of your health care provider. As a reminder, discuss the supplements and medications you take with your health care providers.

WARNING: Not for use by pregnant or lactating women. Avoid this product if you have a history of kidney stones, smoke or consume alcohol daily or have a history of asbestos exposure. Do not exceed recommended dose. Consult doctor before use if you have, or have had, kidney disease, sarcoidosis, hyperparathyroidism, gout, liver, a blood or bleeding disorder, a fat, acid, iron, vitamin B-12 or K deficiency, stomach bleeding, ulcers, stroke or family history of stroke or seizure. If you plan to have, or have had recent surgery or if you are taking ANY MEDICATIONS OR REMEDIES, such as chemotherapy, beta drugs, blood thinners or daily aspirin. Discontinue use and consult your doctor if any adverse reactions occur, such as allergic, gastrointestinal discomfort, headache, acne, skin discoloration, burning or irritation, rash, numbness or tingling, swelling or increased urination. NOT INTENDED FOR USE BY PERSONS UNDER THE AGE OF 18.



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Part No. 22-63068