



# Flow Ease

## Interstitial Support

**Contents 30 g**

*A Healing Sacrament Vegetarian/Vegan*

## Sacrament Facts

Serving Size 1 Scoop

Servings Per Container 60

| Amount Per Serving                              |        | %DV  |
|-------------------------------------------------|--------|------|
| Vitamin C (as Magnesium Ascorbate)              | 120 mg | 200% |
| Magnesium Ascorbate                             | 128 mg | *    |
| Magnesium (as Ascorbate & Bicarbonate)          | 24 mg  | 6%   |
| Magnesium Bicarbonate                           | 97 mg  | *    |
| D-Mannose                                       | 65 mg  | *    |
| MSM (Methylsulfonylmethane)                     | 100 mg | *    |
| Quercetin Dihydrate ( <i>Sophora japonica</i> ) | 100 mg | *    |
| Mogroside V ( <i>Siraitia grosvenorii</i> )     | 20 mg  | *    |
| Steviosides ( <i>Stevia rebaudiana</i> )        | 1 mg   | *    |

\*Daily Value not established.

**Other Ingredients:** Chlorophyll Vegicaps, Healing Energy, Love and Prayer.

**Sacramental Healing use:** 1 to 10 scoops up to 3 times a day in Living Water, other drinks, or as guided.