

Thank you for choosing Combat Stress by Lidtke. We sincerely wish the best of health for you and your family.

DIRECTIONS (Adults): Take one (1) to three (3) capsules or as directed by your doctor. Best if taken at bedtime or between meals. Contains no fillers or flow agents. **Non-GMO.**

When your body occasionally needs extra serotonin for peaceful sleep and a more relaxed outlook, choose Lidtke Military **Combat Stress**, the most advanced formula available with targeted nutrients for maximum benefits.* Lidtke stands behind each product and guarantees customer satisfaction for 365 days from the date of purchase.

TryptoGOLD Lidtke's own naturally produced, Ultra-premium L-Tryptophan.

Best by:

DUNS #944213107 CAGE #6CSJ3

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, mitigate or prevent any disease.

Caution: KEEP OUT OF REACH OF CHILDREN. If you are pregnant, lactating, taking any medications (especially MAOIs, Tricyclics, or SSRIs), or have a medical condition, consult your doctor. Discontinue use if adverse reaction occurs. Do not use if seal is damaged or missing. Keep lid tightly closed. Keep in a cool, dry place.



LIDTKE Military
Supplements Designed for Soldiers

Combat Stress[™]
ADVANCED SEROTONIN^{*}
SUPPORT FORMULA



SLEEP & MOOD^{*}

SLEEP WELL^{*}
STAY CALM^{*}

Superb Quality Since 1994
60 CAPSULES



A DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 3 capsules Servings per container: 40

Amount Per Serving	% Daily Value*
Vitamin C (as calcium ascorbate)	90 mg 150%
Vitamin B2 (as riboflavin)	5 mg 300%
Vitamin B3 (as niacinamide)	20 mg 100%
Coenzyme Vitamin B6 as 9 mg Pyridoxal 5-phosphate	6 mg 300%
Folate (as Orogen-FA [®]) organic lemon peel extract [8 mg]	400 mcg 100%
L-Tryptophan, USP, TryptoGold [™]	1050 mg **
L-Lysine HCl, USP	300 mg **
Magnesium (as Mg bisglycinate, TRAACS [®])	175 mg **
Curcumin (as turmeric root, 95%)	150 mg **
Taurine, USP	125 mg **

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Vegan capsule (plant-derived hypromellose, water). TRAACS[®] is a registered trademark of Albion Laboratories, Inc. Orogen-FA[®] is a registered trademark of Orogenetics, Inc.

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Adverse events may be reported above.

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