

**SUGGESTED USAGE:** Shake well before use. Spray 1 time under tongue, hold for 20 seconds and then swallow. Consume 1 to 2 times daily, or as directed by your healthcare practitioner. Best when taken with a fat-containing meal.

**HOW IT WORKS:** Both vitamin D<sub>3</sub> and vitamin K<sub>2</sub> are well known for their roles in the maintenance of skeletal health.\* In addition, emerging research indicates that both of these vitamins are also important for a healthy cardiovascular system.\*

**CAUTIONS/INTERACTIONS:** Vitamin K<sub>2</sub> may interact with anticoagulant medications. Vitamin D<sub>3</sub> supplements may interact with atorvastatin and thiazide diuretics. If you are taking anticoagulant or any other pharmaceutical medications, cardiac glycosides, high-doses of vitamin E, or if you have any bleeding disorder or hypercalcemia, consult your healthcare practitioner before using this product. Contains Xylitol, which is harmful to pets.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**PROTOCOL  
FOR LIFE BALANCE®**

# Vitamins D<sub>3</sub> & K<sub>2</sub> Liposomal Spray

1,000 IU Vit D<sub>3</sub> & 100 mcg Vit K<sub>2</sub>

- Supports Bone Health\*
- Healthy Cardiovascular System\*



2 FL. OZ. (59 mL)  
A Dietary Supplement

## Supplement Facts

Serving Size 1 Spray (~0.7 mL)  
Servings Per Container ~84

	Amount Per Serving	% Daily Value
Vitamin D <sub>3</sub> (as Cholecalciferol) (from Lanolin)	25 mcg (1,000 IU)	125%
Vitamin K <sub>2</sub> (as Menaquinone-4) (MK-4)	100 mcg	†

† Daily Value not established.

Other ingredients: De-ionized Water, Vegetable Glycerin, Xylitol, MCT Oil (medium-chain triglycerides) (from coconut/palm kernel oil), Natural Fruit Flavors, Phospholipids (soy), Rosemary Extract (*Rosmarinus officinalis*) (Leaf), Potassium Sorbate (as preservative) and Citric Acid.

Formulated & Distributed by:  
Protocol For Life Balance  
395 S. Glen Ellyn Rd., Bloomingdale, IL  
60108, USA protocolforlife.com  
Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

CODE P0381C v8

