

SUGGESTED USAGE: Take 1 tablet 1 to 2 times daily.

HOW IT WORKS: Vitamin K is well known for its role in blood clotting, but has also been found to play an important role in normal bone formation and the preservation of bone strength.* Vitamin K2 more specifically is a significant regulator of tissue calcification and is critical for the maintenance of arterial elasticity and cardiovascular health.* Vitamin K2 includes two of the most studied subtypes, MK-7 (menaquinone-7) and MK-4 (menatetrenone). MK-7, the most readily absorbed and bioactive form of K2, has no common dietary sources.* Unlike vitamin K1, which is stored in the liver, MK-7 is transported directly to tissues and has a longer half-life than either K1 or MK-4.*

CAUTIONS/INTERACTIONS: If you are taking warfarin or other anti-coagulant medications, consult your healthcare practitioner before taking this product.

Natural color variation may occur in this product.

CODE
P0993D
V9



PROTOCOL
FOR LIFE BALANCE®

MK-7
Vitamin K₂
160 mcg

- Supports Bone Health & Vascular Elasticity*
- Smaller Round Tablet



60 Tablets

MenaQ7
Vitamin K₂ as MK-7

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

Vitamin K ₂ (as Menaquinone-7) (MK-7) (MenaQ7®)	160 mcg**
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** Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Stearic Acid (vegetable source) and Silicon Dioxide.

Formulated & Distributed by Protocol For Life Balance
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
protocolforlife.com

Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

MenaQ7® is a registered trademark of NattoPharma ASA, Norway. Patents granted and pending.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.