

SUGGESTED USAGE: Take 1 lozenge daily with a meal, or as directed by your healthcare practitioner. Chew lozenge or hold in mouth until dissolved and swallow.

HOW IT WORKS: Vitamin B₁₂ has the largest and most complex chemical structure of all the vitamins. Most of its functions are related to its co-enzyme activity, such as enzymes required for the production of DNA during cell division, as well as for the proper disposal of homocysteine.* B₁₂ is also necessary for the maintenance of a healthy nervous system.*

CAUTIONS/INTERACTIONS: A number of drugs can affect vitamin B₁₂ levels or its utilization. If you are taking any prescription medications, consult your healthcare practitioner before taking this product.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CODE
P0496D
V9



**PROTOCOL
FOR LIFE BALANCE®**

Methyl B₁₂

5,000 mcg

**Methylcobalamin
with Folic Acid**

- Healthy Homocysteine Metabolism*
- Supports Healthy Nervous System*

60 Lozenges

A Dietary Supplement Vegetarian/Vegan

Supplement Facts

Serving Size 1 Lozenge

	Amount Per Serving	% Daily Value
Folate	680 mcg DFE [400 mcg (6S)-5-MTHF**] [from Quatrefolic® (6S)-5-MTHF** Glucosamine Salt]	170%
Vitamin B-12 (as Methylcobalamin)	5 mg (5,000 mcg)	208,333%

Other ingredients: Fructose, Sorbitol, Hydroxypropyl Cellulose, Microcrystalline Cellulose, Citric Acid, Stearic Acid (vegetable source), Natural Flavors and Magnesium Stearate (vegetable source).

Formulated & Distributed by Protocol For Life Balance
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
protocolforlife.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens. Quatrefolic® is a registered trademark of Gnosis S.p.A. and protected by U.S. Patent 7,947,662.

**MTHF = Methyltetrahydrofolate

Natural color variation may occur in this product.