SUGGESTED USAGE: Take 1 capsule daily with a meal, or as directed by your healthcare practitioner.

HOW IT WORKS: Vitamins D_3 and K_2 have been extensively studied regarding their roles in calcium metabolism.* Research indicates that a synergistic relationship exists between vitamin K_2 and vitamin D_3, especially in terms of bone strength and cardiovascular health.* While vitamin D_3 is recognized for its role in calcium absorption and metabolism, it is vitamin K_2 that directs calcium to bones rather than joint spaces and arteries.* This product is formulated with a clinically relevant dose of MK-7, a unique, soy-free form of vitamin K_2 that has been shown to promote healthy vascular structures.*

CAUTIONS/INTERACTIONS: Vitamin D should be used cautiously by those taking cardiac glycosides and anyone with hypercalcemia. Vitamin D supplements may interact with atorvastatin and thiazide diuretics. Vitamin K is contraindicated with warfarin or other anti-coagulant medications. If you are taking any of these prescription medications, consult your healthcare practitioner before using this product.

Natural color variation may occur in this product.

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PROTOCOL
FOR LIFE BALANCE®

K_2 MK-7 & D_3

180 mcg K_2 / 5000 IU D_3

- Vascular Health*
- Structural Support*

MenaQ7
Vitamin K2 as MK-7

60 Veg Capsules
A Dietary Supplement

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin D_3 (as Cholecalciferol) (from Lanolin)	125 mcg (5,000 IU)	625%
Vitamin K_2 (as Menaquinone-7) (MK-7) (MenaQ7®)	180 mcg	†

† Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose capsule) and Silicon Dioxide.

Formulated & Distributed by Protocol For Life Balance
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
protocolforlife.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or sesame ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

MenaQ7® is a registered trademark of NattoPharma ASA, Norway. Patents granted and pending.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**