

VITAMINS FOR HAIR



DIETARY SUPPLEMENT
50 TABLETS

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF INNER SEAL IS MISSING
OR BROKEN. STORE IN COOL, DRY PLACE
www.basicvitamins.com Product # 87

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. In case of accidental overdose, call a doctor or Poison Control Center immediately. Keep this product out of reach of children.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Directions: For adults, take one (1) tablet daily, preferably with a meal.

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% of Daily Value	Amount Per Serving	% of Daily Value
Vitamin A (as retinyl acetate)	1500 mcg 167%	Iron (as ferrous fumarate)	4.5 mg 25%
Vitamin E (as dl-alpha tocopheryl acetate)	13.5 mg 90%	Phosphorus (as dicalcium phosphate)	60 mg 5%
Vitamin C (as ascorbic acid)	2mg 167%	Iodine (as potassium iodide)	150 mcg 100%
Riboflavin	4 mg 308%	Zinc (as zinc sulfate)	15 mg 136%
Niacin (as nicotinamide)	35 mg 219%	Manganese (as manganese sulfate)	2 mg 87%
Vitamin B6 (as pyridoxine hydrochloride)	2 mg 118%		
Folate	667 mcg DFE 167% (400 mcg folic acid)	Inositol	125 mg *
Vitamin B12 (as cyanocobalamin)	6 mcg 250%	PABA (p-aminobenzoic acid)	35 mg *
Biotin	300 mcg 1000%	Glycine	12 mg *
Pantothenic acid (as calcium pantothenate)	50 mg 1000%	Gelatin	13 mg *
Choline (as choline bitartrate)	80 mg 15%	Silicon (as silicon dioxide)	10.5 mg *
Calcium	80 mg 6%		
(as dicalcium phosphate, calcium pantothenate)			

*Daily Value not established.

Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, starch. Contains less than 2% of hypromellose, magnesium stearate, sucrose, titanium dioxide, polyethylene glycol, BHT, carnauba wax.

Manufactured For: Basic Drugs, Inc. Vandalia, OH 45377, USA 937-898-4010

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