

**System-Six®** is a specialized formula that delivers six support systems to assist with your weight loss goals.\*

**ONE: Thermogenesis** - A combination of Green and White Tea extracts supply powerful nutrients to enhance thermogenesis (heat production) and help burn calories.\*

**TWO: Energy** - Natural caffeine plus the botanicals Yerba Maté, Guarana and Spirulina help you feel energized.\*

**THREE: Mood** - L-Theanine is included in this formula to support mood.\*

**FOUR: Metabolism** - A combination of B vitamins help convert food into energy and assist in the breakdown of carbs, fats and proteins.\*

**FIVE: Carbohydrate Support** - Chromium supports the breakdown of carbohydrates into glucose and helps to maintain healthy blood sugar levels already within a normal range.\*

**SIX: Antioxidants** - Vitamins C and E plus other nutrients with antioxidant activity help to protect cell health and offer nutritional support for the body.\*

When combined with a reduced calorie diet and exercise plan, **System-Six®** delivers powerful weight loss support to help you meet your goals.\*\*

#### What makes us different:



**Liquid Soft-Gels** - The nutrients in these easy-to-swallow Liquid Soft-Gels are released fast. Other forms of delivery can contain binders and fillers that may cause stomach upset and offer no nutritional value. Advanced Liquid Soft-Gels provide an optimum delivery system.

\*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**Quality Assurance** - Irwin Naturals® is committed to providing the highest quality products for your health. We employ complex testing to ensure purity and potency.



**Global Responsibility** - Over the years we have donated to organizations that support the environment and the health of our children.



**Patented BioPerine®** - Our special BioPerine Complex enhances the bioavailability, absorption and potency of many nutrients.\*

**Usage Warnings:** Do not use if safety seal is broken. This product contains an ingredient that may affect blood sugar. This product contains niacin and may cause a temporary warming and tingling sensation. Check with your doctor before using this product if you are using medication or have any medical conditions, including, but not limited to, heart disease, high blood pressure, an iron deficiency, a liver disorder or develop symptoms of liver trouble (such as abdominal pain, dark urine or jaundice). It is recommended to limit additional caffeine intake while taking the product. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.

**WARNING:** (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

YDiet & Exercise Plan available online at:  
[www.IrwinNaturals.com/deplan](http://www.IrwinNaturals.com/deplan)



**Highly Specialized Products:**  
[www.IrwinNaturals.com](http://www.IrwinNaturals.com)

9754-LAB-INO39875-V3-06/21



7 10363 59875 4



## System-Six® Powerful Weight Loss Support\* Metabolism Boosters & Carb Metabolizer\*



**Complete Six-in-One Formula  
for Enhanced Metabolism,  
plus Mood & Energy Support\***

**60 LIQUID SOFT-GELS**  
DIETARY SUPPLEMENT

#### Full Disclosure Ingredient Panel

**DIRECTIONS:** (Adult) As an addition to your reduced calorie diet and exercise plan\*, take three (3) Liquid Soft-Gels in the morning and three (3) Liquid Soft-Gels in the afternoon with meals and a full glass (8oz) of water. If caffeine keeps you up at night, do not take this product in the evening since it contains caffeine.

## Supplement Facts

Serving Size: 3 Liquid Soft-Gels  
Servings per Container: 20

|                                                   | Amount per Serving | %Daily Value |                                                        | Amount per Serving | %Daily Value |
|---------------------------------------------------|--------------------|--------------|--------------------------------------------------------|--------------------|--------------|
| Calories                                          | 25                 |              | Green Tea extract (50% Caffeine, 75 mg/leaf)           | 150 mg             | †            |
| Total Fat                                         | 1.5 g              | 2%**         | Schisandra (Schisandra chinensis) extract (4:1)(fruit) | 100 mg             | †            |
| Cholesterol                                       | 5 mg               | 2%**         | L-Carnitine (as L-Carnitine Fumarate)                  | 80 mg              | †            |
| Total Carbohydrates                               | 2 g                | <1%**        | L-Theanine                                             | 50 mg              | †            |
| Protein                                           | 2 g                |              | L-Tyrosine                                             | 40 mg              | †            |
| Vitamin C (as Ascorbic Acid)                      | 8 mg               | 9%           | Cayenne powder (30,000 HU)(fruit)                      | 20 mg              | †            |
| Vitamin E (as d-Alpha Tocopherol)                 | 4.5 mg             | 30%          | Ginger powder (root)                                   | 20 mg              | †            |
| Thiamin (as Thiamine Hydrochloride)               | 0.5 mg             | 42%          | Guarana (Paulinia cupana) powder (seed)                | 20 mg              | †            |
| Riboflavin                                        | 0.5 mg             | 38%          | Inositol                                               | 20 mg              | †            |
| Niacin (as Nicotinamide)                          | 7 mg               | 44%          | Maté (Yerba Maté) extract (4:1)(leaf)                  | 20 mg              | †            |
| Vitamin B12 (as Cyanocobalamin)                   | 7 mcg              | 292%         | Spirulina (Arthrospira platensis) powder (whole plant) | 20 mg              | †            |
| Pantothenic Acid (as D-Calcium Pantothenate)      | 15 mg              | 300%         | <b>BioPerine Complex</b>                               | 3 mg               | †            |
| Choline (as Choline Bitartrate)                   | 20 mg              | 33%          | BioPerine® Black Pepper extract (95% piperine)(fruit)  |                    |              |
| Selenium (as Selenium Aspartate)                  | 17 mcg             | 31%          | Ginger extract (5% gingerols)(rhizome)                 |                    |              |
| Chromium (as Chromium Picolinate)                 | 100 mcg            | 286%         |                                                        |                    |              |
| Fish Oil (18% EPA, 324 mg, 12% DHA, 216 mg)       | 1800 mg            | †            |                                                        |                    |              |
| Garcinia (Garcinia cambogia) extract (fruit rind) | 335 mg             | †            |                                                        |                    |              |
| White Tea extract (50% EGCG, 150 mg/leaf)         | 300 mg             | †            |                                                        |                    |              |

Other Ingredients: Gelatin, purified water, glycerin, beeswax, sunflower lecithin, rice flour, annatto (color), maltodextrin, titanium dioxide (color), turmeric (color), soybean oil, St. John's bread (carob)(color), dicalcium phosphate, silicon dioxide and sodium copper chlorophyllin (color).

Contains: Fish (anchovy, sardine), Soy

†BioPERINE® is a registered trademark of Sabinsa Corporation.

No preservatives added.

QUESTIONS: Contact Consumer Affairs  
1-800-297-3273 • Weekdays 8:00 AM to 5:00 PM (PST)  
[Questions@IrwinNaturals.com](mailto:Questions@IrwinNaturals.com)

DISTRIBUTED, FORMULATED AND QUALITY TESTED BY:  
Irwin Naturals® 5310 Beethoven Street • Los Angeles, CA 90066

[www.IrwinNaturals.com](http://www.IrwinNaturals.com)