

WOMEN'S

Living Green Liquid-Gel Multi



Specialized for Women with:

- ✓ 12 Key Nutrient Groups
- ✓ Whole Food Concentrates
- ✓ Vitamin D3, Cranberry & More

90 LIQUID SOFT-GELS

DIETARY SUPPLEMENT



Full Disclosure Ingredient Panel

DIRECTIONS: (Adult) Take three (3) Liquid Soft-Gels per day all at once or in divided doses with food and a full glass (8oz) of water.

Supplement Facts

Serving Size: 3 Liquid Soft-Gels
Servings per Container: 30

	Amount per Serving	%Daily Value		Amount per Serving	%Daily Value
Calories	40		Fruit and Vegetable Blend	57 mg	†
Total Fat	2.5 g	3%**	Alfalfa (aerial), Asparagus (aerial), Beet (root), Blueberry (Vaccinium angustifolium) (fruit), Broccoli (aerial), Brussels Sprouts (Brassica oleracea var. gemmifera) (aerial), Cabbage (Brassica oleracea var. capitata) (aerial), Carrot (Daucus carota ssp. sativus) (root), Collards (aerial), Garlic (bulb), Ginger (root), Grape (seed), Grapefruit (fruit), Lemon (fruit), Onion (bulb), Papaya (fruit), Pineapple (fruit), Spinach (leaf), Tomato (fruit)		
Cholesterol	5 mg	2%**	Immuno Blend	54 mg	†
Total Carbohydrates	1 g	<1%**	Cat's Claw powder (bark), European Elder Berry powder, Garlic powder (bulb)		
Protein	1 g		Amino Acid Blend	54 mg	†
Vitamin A (as Beta Carotene)	250 mcg	28%	L-Histidine Hydrochloride, L-Isoleucine, L-Leucine, L-Lysine Hydrochloride, L-Methionine, L-Phenylalanine, L-Threonine, L-5-Hydroxytryptophan, L-Valine		
Vitamin C (as Ascorbic Acid)	250 mg (400 IU)	50%	Traditional Botanical Blend	21 mg	†
Vitamin D (as Vitamin D3)	10 mcg (400 IU)	50%	Astragalus (Astragalus membranaceus) powder (root), Bupleurum (Bupleurum chinensis) powder (root)		
Vitamin E (as d-Alpha Tocopherol)	134 mg	895%	Green Super Food Blend	9 mg	†
Thiamin (as Thiamine Mononitrate)	20 mg	1667%	Barley Grass powder, Chlorella powder, Spirulina (Arthrospira platensis) powder		
Riboflavin	20 mg	1538%	Adrenal Blend	24 mg	†
Niacin (as Nicotinamide)	20 mg	125%	American Ginseng powder (root), Montmorillonite		
Vitamin B6 (as Pyridoxine Hydrochloride)	20 mg	1176%	Brain Blend	18 mg	†
Folate	1020 mcg DFE (600 mcg folic acid)	255%	Ginkgo powder (leaf), Phosphatidylserine		
Vitamin B12 (as Methylcobalamin)	15 mcg	2500%	Targeted Blend	135 mg	†
Biotin	15 mcg	50%	Corn Silk powder, Cranberry (Vaccinium macrocarpon) powder (fruit), Milk Thistle powder (seed)		
Pantothenic Acid (as D-Calcium Pantothenate)	20 mg	400%	BioPerine® Complex	6 mg	†
Calcium (as Calcium Citrate)	50 mg	4%	BioPerine® Black Pepper extract (95% piperine)(fruit), Ginger extract (5% gingerols)(rhizome)		
Magnesium (as Magnesium Amino Acid Chelate)	25 mg	6%	**Daily Value based on a 2,000 calorie diet		
Zinc (as Zinc Oxide)	15 mg	136%	†Daily Value not established		
Selenium (as L-Selenomethionine)	75 mcg	136%			
Copper (as Copper Amino Acid Chelate)	2 mg	222%			
Manganese (as Manganese Ascorbate)	2 mg	87%			
Chromium (as Chromium Polynicotinate)	120 mcg	343%			
Molybdenum (as Molybdenum Amino Acid Chelate)	225 mcg	500%			
Crucial Oil Complex	2510 mg	†			
Fish Oil (30% Omega-3 fatty acids (EPA/DHA)), Flax Seed Oil (50% ALA), Evening Primrose Oil (9% GLA)(seed)					
Antioxidant Blend	60 mg	†			
Acai (Euterpe oleracea) Berry extract (4:1), Grape Seed extract (95% procyanidin), Green Tea extract (50% polyphenols) (leaf), Resveratrol, White Tea extract (90% polyphenols)(leaf)					

Other Ingredients: Gelatin, purified water, glycerin, soy lecithin, beeswax, titanium dioxide (color), turmeric (color), sodium copper chlorophyllin (color), dicalcium phosphate and mannitol.

Contains: Fish (anchovy, sardine), Soy # BIO-PERINE is a registered trademark of Sabinsa Corporation. **No preservatives added.**

'Women's Living Green Liquid-Gel Multi' sets a new standard in today's world of low nutrition and high stress. Combining powerful botanicals and essential nutrients, this is not a one-size-fits-all formula... it's targeted to benefit the unique nutrition profile of women.* For example, it delivers Vitamin D3, Cranberry and more.

Most importantly, it's one of the world's only multivitamin formulas delivered in a Liquid Soft-Gel. So what does that mean to you? Liquid Soft-Gels are easier to swallow, they release their nutrients quickly, and they are free of binders/fillers that are typically found in tablets - leaving more room for life-giving nutrients. But the greatest benefit of Liquid Soft-Gels is that they can hold important oils, such as Omega-3 Essential Fatty Acids (EFAs). This breakthrough formula combines over 70 nutrients, vitamins and minerals that cover the following 12 categories:

ONE: Full-Spectrum Vitamins	SEVEN: Amino Acid Blend
TWO: Minerals	EIGHT: Traditional Botanical Blend
THREE: Crucial Oil Complex	NINE: Green Super Food Blend
FOUR: Antioxidant Blend	TEN: Adrenal Blend
FIVE: Fruit and Vegetable Blend	ELEVEN: Brain Blend
SIX: Immuno Blend	TWELVE: Targeted Blend

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Questions@IrwinNaturals.com

Usage Warnings: Do not use if safety seal is broken. Check with your doctor before using this product if you are using medication or have any medical conditions. Do not use if you may become pregnant, are pregnant or nursing. Do not exceed recommended daily intake. Not intended for use by persons under 18. **KEEP OUT OF REACH OF CHILDREN.** Store in a cool, dry place.
WARNING: (State of California Prop 65) This product contains a chemical known to the State of California to cause birth defects or other reproductive harm.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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